



West Served

Week of: 9/11/2017

Chef Roger

Lunch Menu

Monday

BROCCOLI CHEDDAR RICE



CHICKEN WITH CHIPOTLE BBQ



SMOKED PORK SAUSAGE WITH PEPPERS AND ONIONS



POTATO CAULIFLOWER LOCAL TOFU MASALA



SPINACH QUICHE WITH PARMESAN



CHICKEN SLIDERS WITH SRIRACHA HONEY MUSTARD



MARGARITA PIZZA



Tuesday

MANGO RICE PILAF



CHICKEN WITH BABY CORN AND GARLIC SWEET CHILI



SHRIMP WITH CREAMY GINGER SAUCE



POTATO YOGURT CURRY WITH DILL



RED BEANS AND KALE



RANCH BUFFALO CHICKEN PIZZA WITH BLUE CHEESE



BEEF SLIDERS WITH SPICY CHIPOTLE



KETCHUP



Wednesday

BASMATI RICE



SMOKED SALMON CREPE



BRIE APPLE CROISSANT



SWEET POTATOES WITH BLACK BEAN RAGOUT



CHINESE STYLE BEEF SOUP



GOAT CHEESE TOASTED WALNUT SPINACH BERRIES BALSAMICO



PROSCIUTTO MOZZARELLA PIZZA



Thursday

BOWTIE PASTA



TURKEY MEATBALLS WITH CREAMY PESTO



CHICKEN PRIMAVERA



STUFFED SHELLS WITH RICOTTA



STIR FRY EGGPLANT



RANCH BBQ CHICKEN PIZZA



BLACK BEAN TOSTADA PIZZA WITH CHIPOTLE CREMA



Friday

FRIED RICE



CHICKEN TERIYAKI



SPICY FISH WITH MANDARIN ORANGES



PASTA PESTO WITH SUNDRIED TOMATO



POTATOES AND CHICKPEAS WITH TOMATO CURRY



CHICKEN CAESAR GARLIC



POTATO PIZZA



SPINACH TOMTAO FETA PIZZA



Saturday

Sunday

FRITTATA WITH SPINACH MUSHROOM AND ROASTED PEPPER



MINI WAFFLE WITH STRAWBERRY COMPOTE



ROASTED TOMATILLO RICE PILAF



BEEF BARBACOA



BAKED PASTA WITH RICOTTA AND EGGPLANT



= Vegan
 = Vegetarian

= Contains Gluten
 = Contains Soy

= Contains Milk
 = Contains Eggs

= Contains Fish
 = Contains Shellfish

= Contains Peanuts
 = Contains Tree Nuts

Dinner Menu

Monday

- JASMINE RICE
- BEEF AND BROCCOLI
- BLACKENED CATFISH WITH CAJUN CREAM SAUCE
- GREEN BEAN AND LOCAL TOFU WITH PLUM SAUCE
- OKRA TOMATO STEW
- CAULIFLOWER HOISIN
- TURKEY BURGER WITH SMOKED CHEDDAR CHIPOTLE SAUCE

Tuesday

- MASHED POTATOES
- PORK LOIN ROAST WITH ROSEMARY DIJON MUSTARD SAUCE
- MESQUITE RUBBED CHICKEN
- SPINACH CAKES WITH TOMATO RELISH
- GRILLED LOCAL TOFU WITH SESAME SOY VINAIGRETTE
- PITA BREAD AND HOUMMOUS
- FRESH MOZZARELLA WITH SUNDRIED TOMATO PESTO

Wednesday

- PASTA MARINARA
- CHICKEN PARMESAN
- BEEF EYE OF ROUND ROAST WITH HORSERADISH CREAM SAUCE
- LENTIL MASALA
- CHEESE TORTELLINI PESTO
- COWBOY BURGER WITH PROVOLONE AND MUSHROOM
- JUMBO CINNAMON ROLLS

Thursday

- SOUTHWEST RICE
- CHICKEN FIESTA
- BREADED TILAPIA
- PINTO BEAN POT
- BUTTERNUT SQUASH PASTA WITH SAGE CREAM SAUCE
- RANCH BURGER WITH BACON AND SHARP CHEDDAR
- STRAWBERRY CREAM GENOISE CAKE

Friday

- HERB COUSCOUS
- BEEF TIPS WITH MUSHROOM SAUCE
- CHICKEN ITALIANO
- CHEESE RAVIOLI WITH MARINARA
- NAVY BEANS WITH CARROTS AND CELERY
- SPICY POTATOES WITH PEPPERS AND ONIONS

Saturday

DINNER AVAILABLE AT
NORTH AND SEIBEL
SERVERIES

Sunday

- WILD RICE
- GRILLED PORK TENDERLOIN WITH HONEY MUSTARD
- CHICKEN FLORENTINE
- LOCAL TOFU CURRY WITH CABBAGGE
- STUFFED POTATO SHELLS WITH PICO AND CHEDDAR CHEESE

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