Week of: 8/31/2015
Chef Verena
## Lunch Menu

### Monday
- **Gluten-Free Orange Chicken**
- **Honey Steamed White Rice**
- **Lettuce Wraps with Sesame**
- **Honey Soy Tilapia**
- **Stir Fry Vegetables**

### Tuesday
- **Chicken Picatta**
- **Herb Risotto**
- **Tofu Parmesan Sandwich**
- **Cod Loin with Arugula Pesto**

### Wednesday
- **Turkey Bolognese**
- **Penne Pasta**
- **Cobb Wrap**
- **Marinated Grilled Tofu with Vegetables**

### Thursday
- **Sausage and Peppers**
- **Lentils with Kale**
- **Pearled Couscous**
- **Honey-Glazed Swai Fish**
- **Home Made Pizza**

### Friday
- **Fish Tacos**
- **Tomato Rice**
- **Grilled Vegetable Tacos**
- **Fresh Cole Slaw**
- **Grilled Chicken Breast with Sweet Chili Pineapple Relish**

### Saturday
- **Marinated Grilled tofu with vegetables**
- **Fresh Cole Slaw**
- **Grilled Chicken Breast with sweet Chili Pineapple relish**
- **Grilled Vegetable Tacos**
- **Fruit Tart**

### Sunday
- **Marinated Grilled tofu with vegetables**
- **Fresh Cole Slaw**
- **Grilled Chicken Breast with sweet Chili Pineapple relish**
- **Grilled Vegetable Tacos**
- **Fruit Tart**

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= Vegan  
= Contains Gluten  
= Contains Soy  
= Contains Milk  
= Contains Fish  
= Contains Shellfish  
= Contains Eggs  
= Contains Treenuts  
= Contains Peanuts
## Dinner Menu

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<th>Monday</th>
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<td><strong>BBQ Honey Glazed Chicken</strong>&lt;br&gt;Mashed Potatoes and Sweet Potatoes&lt;br&gt;Vegetarian Chili&lt;br&gt;Sautéed Green Beans&lt;br&gt;Seared Pollok with roasted corn Relish</td>
<td><strong>Coffee-Crusted Pork Shoulder</strong>&lt;br&gt;Roasted Yukon Gold Potatoes&lt;br&gt;Stuffed Portobello&lt;br&gt;Oatmeal-Crusted Tilapia&lt;br&gt;Fresh Vegetables</td>
<td><strong>Smoked Paprika Chicken Thighs</strong>&lt;br&gt;White Rice&lt;br&gt;Black Beans and Plantains&lt;br&gt;Cod Tails with red pepper coulis&lt;br&gt;Bean and Grain Medley with Vegetables</td>
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<th>Thursday</th>
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<tr>
<td><strong>Red Curry Chicken</strong>&lt;br&gt;Brown Rice&lt;br&gt;Braised Cabbage&lt;br&gt;Sweet and Sour Tilapia</td>
<td><strong>Dinner on Your Own…. Rice Village is Nice!</strong></td>
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- **Vegan**<br>- **Contains Gluten**<br>- **Contains Milk**<br>- **Contains Fish**<br>- **Contains Peanuts**
- **Vegetarian**<br>- **Contains Soy**<br>- **Contains Eggs**<br>- **Contains Shellfish**<br>- **Contains Treenuts**