<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Seafood paella</td>
<td>Chicken parmesan</td>
<td>Ginger marinated pork loin</td>
</tr>
<tr>
<td>Fingerling potatoes</td>
<td>Ravioli</td>
<td>Brown rice</td>
</tr>
<tr>
<td>Wilted mixed green</td>
<td>Vegetable goulash</td>
<td>Vegetable ragout</td>
</tr>
<tr>
<td>Potato crusted chicken caper relish</td>
<td>Curry beef</td>
<td>Poblano and queso fresco stuffed chicken</td>
</tr>
<tr>
<td>Wild rice</td>
<td>Steamed green beans</td>
<td>Steamed broccoli</td>
</tr>
<tr>
<td>Eggplant and three bean curry</td>
<td>Fluffy rice</td>
<td>Mashed purple potatoes</td>
</tr>
<tr>
<td>Chicken noodle soup</td>
<td>Roasted potato and mushrooms</td>
<td>Eggplant with black bean sauce</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tuesday</td>
<td>Friday</td>
<td>Saturday</td>
</tr>
<tr>
<td>Grilled pork with caramelized onions</td>
<td>Quinoa</td>
<td>Vegetable quiche</td>
</tr>
<tr>
<td>Wilted mixed green</td>
<td>Steamed bok choy</td>
<td>Tricolor potatoes</td>
</tr>
<tr>
<td>Braised leeks and kale</td>
<td>Chicken a la king</td>
<td>Oven roasted asparagus</td>
</tr>
<tr>
<td>Steamed green beans</td>
<td>Linguine with scampi butter</td>
<td>Herb roasted prim rib</td>
</tr>
<tr>
<td>Green bean casserole</td>
<td>Braised leeks and kale</td>
<td>Grilled chicken in garlic sauce</td>
</tr>
<tr>
<td>Seafood salad</td>
<td>Vegetable gumbo</td>
<td>Peel and eat shrimp</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Vegetable stew</td>
</tr>
</tbody>
</table>

**Warning:**

- Black = Contains Gluten
- Blue = Contains Soy
- Grey = Contains Peanuts
- Orange = Contains Treenuts
- Red = Contains Eggs
- Yellow = Contains Fish
- Green = Contains Milk
- Deep Green = Contains Shellfish
- Light Green = Contains Shellfish
- Light Blue = Contains Fish
- Green = Vegan
- Blue = Vegetarian
# Dinner Menu

## Monday
- **Chicken Tacos**
- **Spanish Rice**
- **Sautéed Squash**
- **Turkey Tacos**
- **Five Bean Tacos**
- **Fish Tacos**
- **Stir Fry**

## Tuesday
- **Roast Beef with Demi-Glace**
- **Penne Pasta with Herbs**
- **Whipped Parsnip**
- **Honey Baked Ham**
- **Couscous**
- **Three Cheese Polenta**
- **Fried Rice**

## Wednesday
- **Seafood Stir Fry**
- **Steamed Rice**
- **Mixed Vegetables**
- **Chicken Alfredo**
- **Cheese Tortellini**
- **Penne Pasta with White Bean Pesto**
- **Pho Bar**

## Thursday
- **Baked Chicken**
- **Boursin Mac and Cheese**
- **Sautéed Spinach**
- **Beef Marsala**
- **Mexican Lasagna**
- **Texas Salad**
- **Smoked Shrimp**

## Friday
- **Seafood New Orleans Style**
- **Jambalaya Rice**
- **Corn Maque Choux**
- **Grilled Chicken with Tomato Soy Vinaigrette**
- **Bowtie Pasta with Grilled Vegetables**
- **Ratatouille**
- **Shiner Cheddar Cheese Soup**

## Saturday
- **Dinner on Your Own…. Rice Village is Nice!**
- **Oven Roasted Pork Loin with Sundried Tomato Sauce**
- **Red Quinoa**
- **Sautéed Wild Mushrooms**
- **Baked Fish with Red Pepper Butter**
- **Garlic Mashed Potatoes**
- **Oriental Vegetables with Tofu**
- **Mini Crab Cakes**

## Sunday
- **Turkey Tacos**
- **Honey Baked Ham**
- **Sautéed Squash**
- **Whipped Parsnip**
- **Mixed Vegetables**
- **Oriental Vegetables with Tofu**
- **Mini Crab Cakes**

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### Allergen Icons:
- **Green Square**: Vegan
- **Yellow Circle**: Contains Gluten
- **Red Triangle**: Contains Milk
- **Yellow Diamond**: Contains Fish
- **Blue Hexagon**: Contains Soy
- **Red Circle**: Contains Eggs
- **Gray Square**: Contains Shellfish
- **Gray Circle**: Contains Peanuts
- **Gray Diamond**: Contains Treenuts

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