



Baker College Kitchen

Week of: 2/12/18

Chef Verena

Lunch Menu

Monday

- FRIED RICE
- CHICKEN TERIYAKI
- HOISIN EGGPLANT AND BEETS
- PANGASIU WITH LEMON VINAIGRETTE AND MANGO RELISH
- GARLIC TOFU WITH PONZU
- TOMATO BISQUE
- GRILLED CHEESE SANDWICH

Tuesday

- TANDOORI CHICKEN
- MINTED BASMATI RICE
- GRILLED NAAN BREAD
- EGG BATTERED TILAPIA WITH CREAMY SHRIMP SAUCE
- PANEER BUTTER MASALA
- MUSHROOM & LEEK SOUP
- BACON SHRIMP PIZZA

Wednesday

- ROASTED ROSEMARY YUKON GOLD POTATOES
- GRILLED CHICKEN BREAST WITH CUCUMBERS AND KALAMATA OLIVES
- VEGETABLE CAKES WITH LEMON SOUR CREAM
- STUFFED LOCAL TOMATOES WITH FARRO AND MUSHROOMS
- BEEF EMPANADAS WITH CHIMICHURRI SAUCE
- MINISTRONE SOUP WITH FRESH BREAD AND BUTTER
- EDAMAME PATTIES

Thursday

- MASHED POTATOES
- CHICKEN FRIED CHICKEN
- BLACKENED CATFISH
- GRILLED TOFU WITH EDAMAME RELISH
- ROOT VEGETABLE COCONUT CURRY
- GF CHICKEN NOODLE SOUP
- MEDITERRANEAN LENTIL SALAD

Friday

- CREAMY SUNDRIED TOMATO CHICKEN AND GNOCCHI
- TRADITIONAL PORK BANH MI
- GLUTEN FREE PORK BANH MI AVAILABLE
- SEASONED STEAK POTATOES
- BUTTERNUT SQUASH AND KALE WITH QUINOA
- ROASTED CAULIFLOWER WITH HARISSA & CHICKPEAS

Saturday

Sunday

- = Vegan
- = Vegetarian
- = Contains Gluten
- = Contains Soy
- = Contains Milk
- = Contains Eggs
- = Contains Fish
- = Contains Shellfish
- = Contains Peanuts
- = Contains Treenuts

Dinner Menu

Monday

- RED ROASTED POTATOES WITH PEPPERS AND ONIONS
- GARLIC HERB PORK LOIN
- SRIRACHA CHICKEN THIGHS
- THREE BEAN CHILI
- CHEDDAR BROCCOLI CROQUETTES
- TURKEY HOT DOGS
- KIMCHI TATER TOTS

Tuesday

- STEAMED RICE
- CHICKEN & PORK SAUSAGE GUMBO
- FRIED SHRIMP WITH REMOULADE SAUCE
- SAUTÉED LOCAL GREENS
- HUSHPUPIES
- CREOLE RED BEANS AND WHITE RICE
- CAJUN CAULIFLOWER HASH

Wednesday

- FETTUCINE PASTA (GLUTEN FREE AVAILAE)
- ALFREDO SAUCE
- ITALIAN BEEF MEATBALLS WITH MARINARA SAUCE
- ROASTED THYME AND GARLIC CHICKEN BREAST
- PLANT-BASED CHEESE AND ZUCCHINI LASAGNA
- EGGPLANT CAPONATA
- LEMON ROASTED LOCAL BROCCOLI

Thursday

- FIESTA RICE
- BORRACHO BEER BEANS
- BEEF FAJITAS
- TURKEY TACO MEAT
- MEXICAN STREET CORN ON THE COB
- PORTOBELLO FAJITAS
- CHIPS AND QUESO

Friday

Saturday

DINNER AVAILABLE AT SEIBEL OR NORTH SERVERIES

Sunday

- = Vegan
- = Vegetarian
- = Contains Gluten
- = Contains Soy
- = Contains Milk
- = Contains Eggs
- = Contains Fish
- = Contains Shellfish
- = Contains Peanuts
- = Contains Treenuts



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