



Sid Rich Kitchen

Week of: 02.12.2018

Chef Sarah

Lunch Menu

Monday

- CHIPOTLE BBQ CHICKEN BREAST
- STEWED BLACK BEANS AND ROASTED SWEET PLANTAINS
- ORZO VEGETABLE PILAF WITH CHICKPEAS AND SPINACH
- CUBANO TOASTED TURKEY SANDWICH
- STEAMED BROCCOLI
- SOURDOUGH GRILLED CHEESE AND TOMATO SOUP
- ITALIAN VEGETABLE SALAD WITH CROUTONS

Tuesday

- BLACKENED TILAPIA WITH LEMON VINAIGRETTE
- WHITE CHEDDAR MAC AND CHEESE
- VEGETABLE PUFF PASTRY
- TOASTED HOAGIE SANDWICH WITH HAM, TURKEY, SALAMI & PROVOLONE
- SAUTÉED GREEN BEANS AND PORTOBELLO MUSHROOMS
- CRAB AND SHRIMP GUMBO WITH STEAMED RICE
- BEIGNETS

Wednesday

- SMOKED SALMON FLATBREAD WITH EVERYTHING BAGEL SPREAD
- GARLIC ROASTED POTATOES WITH GREEN BEANS
- LOCAL BEET, FENNEL AND CARAMELIZED ONION QUICHE
- ITALIAN BEEF AND PASTA CASSEROLE
- THYME ROASTED CARROTS
- TURKEY CORN DOGS AND CURLY FRIES
- STRAWBERRY LIMEADE

Thursday

- WRAP WITH CORN CHIP CRUNCH
- CILANTRO LIME RICE
- BAKED VEGETABLE AND BEAN QUESADILLAS WITH SALSA
- TOMATILLO BRAISED PORK
- ROASTED LOCAL SQUASH MEDLEY
- HOT LOCAL CHOCOLATE
- CHIPS & DIP WITH WARM QUESO, HUMMUS & GUAC

Friday

- COD WITH CILANTRO SCALLION DRESSING AND KALE SALAD
- STEAMED JASMINE RICE
- GARLIC SAUTEED VEGETABLES WITH ALMOND CRUSTED TOFU
- CRISPY CHICKEN TENDERS WITH SZECHUAN DIPPING SAUCE
- RADISH SALAD WITH GINGER DRESSING
- CHEF ROLLED VEGGIE SPRING ROLLS
- HOISIN GLAZED PORK BAO BUNS WITH SPICY KIM CHI

Saturday

Sunday

- = Vegan
- = Vegetarian
- = Contains Gluten
- = Contains Soy
- = Contains Milk
- = Contains Eggs
- = Contains Fish
- = Contains Shellfish
- = Contains Peanuts
- = Contains Treenuts

Dinner Menu

Monday

CHICKEN COCONUT CURRY

STEAMED BASMATI RICE

HARA MASALA PANEER WITH EGGPLANT

FRIED CATFISH WITH CILANTRO DIPPING SAUCE

ROASTED CAULIFLOWER, PEPPERS AND ONIONS

RAMEN BAR - BUILD YOUR OWN - CUSTOM TOPPINGS

APPLE CRAN-ORANGE DRINK

Tuesday

GRILLED CHICKEN BREAST WITH CREOLE PEPPERS AND ONIONS

CAJUN RED BEANS AND STEAMED RICE

OKRA STEW

BOURBON MUSTARD GLAZED SMOKED SAUSAGE & LOCAL POTATOES

BRAISED LOCAL GREENS

BEEF BURGERS W/ FRIED PICKLE SLICES & SPICY PIMENTO CHEESE

FRUIT PUNCH

Wednesday

HERB BAKED CHICKEN WITH WHITE WINE HERB SAUCE

CREAMY TRUFFLE MUSHROOM RISOTTO

QUINOA SALAD STUFFED LOCAL TOMATOES

COCONUT SHRIMP WITH SWEET CHILI DIPPING SAUCE

GRILLED ASPARAGUS AND STEAMED SPAGHETTI SQUASH

FRENCH LOCAL ONION SOUP WITH CHEESE TOASTS

RED VELVET COOKIE WITH LOCAL STRAWBERRY CREAM FILLING

Thursday

BEEF TERIYAKI WITH LOCAL BROCCOLI

JASMINE RICE

SESAME VEGETABLE NOODLE STIR-FRY WITH SEITAN

LOCAL HONEY GARLIC CHICKEN WINGS

GREEN BEANS WITH PICKLED LOCAL FENNEL AND DAIKON

WONTON SOUP WITH VEGETABLES

ICED GINGER TEA

Friday

Saturday

DINNER AVAILABLE AT NORTH AND SEIBEL SERVERIES

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