



West Served

Week of: 2/12/2018

Chef Roger

Lunch Menu

Monday

CHICKEN AND DUMPLINGS



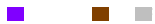
HARICOTS VERTS AND MUSHROOMS



SMOKED PORK SAUSAGE



WHOLE GRAIN RED QUINOA WITH SPINACH



STUFFED SHELLS WITH RICOTTA AND
MARINARA



CHICKEN SLIDERS WITH SRIRACHA HONEY
MUSTARD



MARGARITA PIZZA



Tuesday

CLAM STRIPS SANDWICH WITH COLE SLAW



STEAK FRIES



BARLEY WITH TURMERIC TOMATO KALE AND
MUSHROOM



PENNE WITH ROASTED POBLANO RED BEAN
AND LIME VNAIGRETTE



HONEY BBQ SHREDDED PORK



BUFFALO CHICKEN PIZZA WITH BLUE CHEESE



MARINATED ARTICHOKE SUNDRIED TOMATO
PIZZA



Wednesday

WILD RICE WITH HERBS



MORROCAN BEEF WITH TOMATO RAGOUT



BLACK BEAN AND PLANTAINS



BBQ JACKFRUIT SANDWICH



PARMESAN GARLIC RISOTTO



PROSCIUTTO SPINACH PIZZA



VEGETABLE SUPREME PIZZA



Thursday

MAC AND CHEESE



BBQ ALL-MEAT MEATBALLS



CATFISH IN TOMATO CHIPOTLE
RAGOUT



EGGPLANT HOISIN



SPICY POTATOES AND BLACK
EYED PEAS



RANCH CHICKEN PIZZA WITH
CHEDDAR CHEESE



BLACK BEAN TOSTADA PIZZA
WITH ANCHO CREMA

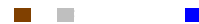


Friday

ROASTED POTATOES



FISH WITH COCONUT GREEN
CURRY



MEXICAN STYLE CHICKEN
LASAGNA



SPICY TOFU AND CABBAGE



RICE WITH MANGO AND
GARBANZO BEANS



JALAPENO BACON POPPER PIZZA



DEEP DISH SPINACH ARTICHOKE
PIZZA



Saturday

Sunday

MINI WAFFLE WITH STRAWBERRY
COMPOTE



TOMATO MUSHROOM PARMESAN
FRITTATA



BEEF BARBACOA WITH FRESH
SALSA



RICE WITH TOFU AND TOMATILLOS



BAKED PASTA WITH TOMATO
PEPPERS AND MOZZARELLA



= Vegan
 = Vegetarian

= Contains Gluten
 = Contains Soy













= Contains Milk
 = Contains Eggs

= Contains Fish
 = Contains Shellfish
























= Contains Peanuts
 = Contains Treenuts

Dinner Menu




























Monday

- FRIED RICE
  
- CHICKEN TERIYAKI
 
- BEEF TRI TIP WITH TOMATO AND POMEGRANATE MOLASSES
 
- PORTOBELLO WITH COCONUT CURRY AND FARFALLE
  
- NAVY BEAN RAGOUT WITH ROSEMARY AND CARROT
  
- THE BEST CAULIFLOWER HOISIN
  
- SMOKED CHEDDAR TURKEY BURGER
   

























Tuesday

- MASHED POTATOES
   
- SLOW ROASTED MESQUITE CHICKEN
 
- CRISPY COD FISH WITH TARTAR SAUCE
    
- BREADED TOFU BROCCOLI WITH PLUM SAUCE
  
- WHOLE GRAIN FARRO WITH CRANBERRY
  
- HOMEMADE PITA AND HOUMMOUS
  
- TORTILLA SALAD WITH ZESTY LEMON CUMIN VINAIGRETTE
  

Wednesday

- YUKON GOLD POTATOES

- SMOKED SALMON CREPE WITH WHITE WINE CREAM SAUCE
     
- GRILLED FLANK STEAK WITH MUSHROOM SAUCE
 
- SAAG PANEER
   
- CURRIED RICE WITH EDAMAME AND PEPPERS AND ONIONS
  
- FRESH JUMBO CINNAMON ROLLS
      
- BAKED PASTA WITH EGGPLANT
   

Thursday

- FIESTA RICE WITH CORN
  
- SOUTHWEST BEEF STEAKS
 
- CHICKEN ENCHILADAS
   
- PINTO BEANS
  
- BAKED MANICOTTI WITH CREAMY PESTO
    
- LENTIL MASALA
  
- COWBOY BURGER WITH PROVOLONE
   
















Friday


- HERB COUSCOUS
  
- BEEF STRIPS WITH BROCCOLI
 
- GREEK CHICKEN
  
- RED BEAN RAGOUT WITH POTATOES
  
- JUMBO CHEESE RAVIOLI WITH MARINARA
    



Saturday



DINNER AVAILABLE
AT NORTH AND
SEIBEL SERVERIES



Sunday



- SCALLOPED POTATOES
   
- BEEF EYE OF ROUND ROAST
 
- CHICKEN FLORENTINE
  
- TOFU CURRY WITH ROASTED PEPPERS
  
- WHOLE GRAIN ORZO PASTA WITH VEGETABLE MEDLEY
  

 = Vegan
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 = Contains Soy

 = Contains Milk
 = Contains Eggs

 = Contains Fish
 = Contains Shellfish

 = Contains Peanuts
 = Contains Treenuts