Seibel Servery

Week of: 3/18/19
Chef Cesar
<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
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<tbody>
<tr>
<td><strong>Lunch Menu</strong></td>
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<tr>
<td>Brown Rice Pilaf</td>
<td>Cheesy Pasta Casserole</td>
<td>Local Kale and Toasted Barley Pilaf</td>
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<tr>
<td>Sriracha Chicken Thighs (Halal)</td>
<td>Buffalo Chicken Thighs with Blue Cheese</td>
<td>Turkey, Avocado and Swiss Sandwich</td>
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<tr>
<td>Okra and Tomato Ragout</td>
<td>Sloppy Joe Beef Sandwich</td>
<td>Baked Swai with Blistered Tomatoes and</td>
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<tr>
<td>Seafood Medley with Dill Citrus Cream Sauce</td>
<td>Creole Red Beans and White Rice</td>
<td>Capers</td>
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<tr>
<td>Citrus Pineapple Glazed Roasted Eggplant</td>
<td>Blackened Local Tofu with Caper Vinaigrette</td>
<td>Sweet Potato Crepes with Blue Cheese</td>
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<tr>
<td>Fried Okra with Remoulade Sauce</td>
<td>Five Spice Kale and Potato Taco with Chili Oil</td>
<td>Cheese Cream Sauce</td>
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<tr>
<td>Agua Fresca of the Day</td>
<td>Turkey Hot Dogs with Chili and Cheese</td>
<td>Fried Green Beans and Butternut Squash</td>
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</tbody>
</table>

**Ingredients:**
- **Vegan**
- **Contains Gluten**
- **Contains Milk**
- **Contains Soy**
- **Contains Fish**
- **Contains Eggs**
- **Contains Shellfish**
- **Contains Peanuts**
- **Contains Treenuts**

**Thursday**
- Roasted Turnips, Parsnips and Sautéed Kale
- Seared Pork Tenderloins with Mango Chutney
- Buttery Lemon Chicken (Halal)
- Sautéed Oumph with Green Beans and Edamame
- Braised Purple Cabbage
- Warm Naan
- Mango Lassi

**Friday**
- Olive Oil Smashed Potatoes with Arugula
- Barbecue Chicken Hoagie with Vinegar Slaw (Halal)
- Roasted Vegetable Medley
- Baked Cod with Zesty Mushrooms and Kale
- Black Bean and Plantain Patty with Cilantro Salsa
- Sautéed Green Beans and Mushrooms
- Shaved Zucchini and Cranberry Salad

**Saturday**
- Green Chile Rice Pilaf
- Teriyaki Glazed Chicken (Halal)
- Smoked Shredded BBQ Pork
- Hawaiian Tofu with Broccoli
- Black Beans and Plantains
- French Fries, Vegetable Patties
- Grilled Chicken (Halal)

**Sunday**
- Omelet Station
- Chocolate Chip Pancakes
- Waffle Station
- Wild Rice
- Honey Mustard Glazed Chicken (Halal)
- Tempeh with Baby Corn Salad
- Vegetable Medley
### Monday
- Corn and Pepper Rice Pilaf
- Guajillo Pepper Rubbed Chicken (Halal)
- Beef Fajitas with Peppers and Onions
- Charro Beans
- Plant-Based Nachos with Tomatillo Crème Sauce
- Cactus and Portobello Fajitas
- Southwest Corn Salad

### Tuesday
- Poblano and Sweet Potato Hash
- Corn Meal Crusted Chicken (Halal)
- Broccoli and Cheese Potato Skins
- St. Louis Style BBQ Ribs
- Roasted Green Beans and Eggplant
- Pumpkin Soup
- Blackberry Smoothie

### Wednesday
- Steamed Jasmine Rice
- Hoisin Braised Chicken Thighs (Halal)
- Lemongrass and Ginger Shrimp Stew
- Roasted Acorn Squash and Portobello Chunks
- Cajun Fried Boudin Egg Rolls
- Salted Edamame Pods
- Egg Drop Soup

### Thursday
- Curried Potatoes and Roasted Cauliflower
- Chicken Sofrito (Halal)
- Vegetable Turnovers
- Jerk-Seasoned Salmon with Pineapple-Lime Sauce
- Fried Yucca with Red Pepper-Garlic Aioli
- Sticky Cinnamon Buns
- Specialty Burgers at the Grill

### Friday
- Lemon and Garlic Oil Linguine
- Baked Chicken with Sun-Dried Tomato Cream Sauce
- Pesto Manicotti
- Seafood Cioppino
- Tomato Florentine Flatbread
- Ice Cream and Homemade Brownies
- East-West Boba Tea Station

### Saturday
- Macaroni and Cheese
- Fried Cod
- BBQ Chicken
- Redskin Potatoes with Peppers and Onions
- Navy Beans with Carrots and Kale
- Grilled Chicken (Halal), Vegetable Patties
- Butterfly Shrimp

### Sunday
- Smashed Potatoes with Garlic Butter
- Beef Flank Steak with Chimichurri Sauce (Halal)
- Cilantro-Lime Grilled Chicken (Halal)
- Slow Baked BBQ Beans
- Oumph and Potato Hash Skillet
- Cajun Spiced Cauliflower
- Carved Herb Rubbed Turkey

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