West Servery

Week of: 0/25/2019
Chef Roger
### Lunch Menu

#### Monday
- Wild Rice with Herbs
- Chicken and Tomato Ancho Sauce with Cotija Cheese
- Italian Pork Sausage with Garlic and Fennel
- Mushroom Parmesan Tomato Quiche
- Whole Grain Red Quinoa with Shredded Kale
- Margarita Pizza
- Bacon Ranch Pizza

#### Tuesday
- Open-Faced Turkey Sandwich with Smoked Gouda
- Spinach, Tomatoes and Feta Tofu Rice Medley with Corn and Peppers
- Chickpea Potato Curry
- Fried Chicken Drumsticks
- Lamb Beef Gyro Pizza
- Mozzarella Pesto Mushroom Pizza

#### Wednesday
- Shrimp Tostadas
- Steak Fries
- Roasted Poblano and Penne Pasta with Edamame
- Navy Bean Ragout
- Salmon Gratinata with Hollandaise Sauce
- Prosciutto Spinach Pizza
- Vegetable Supreme Pizza

#### Thursday
- Basmati Rice
- Braised Beef in Thai Red Curry Sauce
- Chipotle Caesar Chicken
- Three Pepper Eggplant with Spicy Plum Sauce
- Stir Fry Tofu with Garlic, Ginger and Sesame Oil
- BBQ Chicken Pizza
- Black Bean Tostada Pizza

#### Friday
- Fiesta Rice
- Beef Empanadas with Pico de Gallo
- Honey Dijon Sriracha Chicken
- Pasta Pesto with Sun-Dried Tomato
- Black Bean
- Bacon Jalapeno Poppers Pizza
- Artichoke Mozzarella Mushroom Deep Dish Pizza

#### Saturday
- Mini Waffle with Strawberry Compote
- Spinach Parmesan Frittata
- Beef Barbacoa Tacos with Fresh Salsa
- Baked Eggplant Ricotta Pasta
- Fried Rice with Tempeh and Pearl Onions

#### Sunday
- Wild Rice with Herbs
- Chicken and Tomato Ancho Sauce with Cotija Cheese
- Italian Pork Sausage with Garlic and Fennel
- Whole Grain Red Quinoa with Shredded Kale
- Margarita Pizza
- Bacon Ranch Pizza

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* = Vegan  
= Vegetarian  
= Contains Gluten  
= Contains Milk  
= Contains Eggs  
= Contains Fish  
= Contains Shellfish  
= Contains Peanuts  
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<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
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<tbody>
<tr>
<td>PASTA</td>
<td>SCALLOPED POTATOES</td>
<td>MACARONI AND CHEESE</td>
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<td>MARINARA</td>
<td>STUFFED FLOUNDER WITH CRAB AND</td>
<td>BBQ SHREDDED PORK</td>
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<td>SEAFOOD</td>
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<td>BLACKENED CATFISH</td>
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<td>STUFFED PORTOBELLO WITH RICOTTA AND HERBS</td>
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<td>LENTIL CAKES</td>
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<td>COWBOY BURGER WITH PROVOLONE CHEESE</td>
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<td>PASTA</td>
<td>STEAMED RICE</td>
<td>WEDNESDAY</td>
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<td>MARINARA</td>
<td>CHICKEN FRIED CHICKEN</td>
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<td>TILAPIA FILLET WITH MANGO</td>
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<td>POTATO, CABBAGE, FARRO AND</td>
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<td>TOMATOES</td>
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<td>PASTA</td>
<td>FRESH PITA BREAD WITH HOUUMOUS</td>
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<td>MARINARA</td>
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<td>FAMOUS CAULIFLOWER HOISIN</td>
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**Monday**
- Vegan: 
- Contains Gluten: 
- Contains Soy: 
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- Contains Peanuts: 
- Contains Treenuts: 

**Tuesday**
- Vegan: 
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**Wednesday**
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**Thursday**
- Vegan: 
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**Friday**
- Vegan: 
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**Saturday**
- Vegan: 
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**Sunday**
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**Monday**
- Breaded artichoke sandwich with pesto
- Famous cauliflower hoisin

**Tuesday**
- Grilled beef flank steak with pomegranate molasses
- Fish veracruz style
- Homemadepinto bean casserole
- Tortilla salad with zesty lime vinaigrette
- Breaded artichoke sandwich with pesto

**Wednesday**
- Pasta marinara
- Sauté chicken breast with white wine cream sauce
- Cod fillet with mussels and shrimp ragout
- Plant-based vegan sausage with peppers and onions
- Turkey burger with smoked cheddar sauce
- Famous cauliflower hoisin

**Thursday**
- Ancho rice pilaf
- Grilled beef flank steak with pomegranate molasses
- Fish veracruz style
- Homemade pinto bean casserole
- Southwest corn squash casserole
- Tortilla salad with zesty lime vinaigrette
- Breaded artichoke sandwich with pesto

**Friday**
- Steamed rice
- Chicken fried chicken
- Tilapia fillet with mango salsa
- Jumbo cheese ravioli with marinara
- Potato, cabbage, farro and tomatoes
- Fresh pita bread with hoummous

**Saturday**
- Whole grain couscous
- Bbq shredded pork
- Chicken florentine
- Baked cheese manicotti
- Okra tomato stew

**Sunday**
- Whole grain couscous
- Beef eye of round roast
- Chicken florentine
- Baked cheese manicotti
- Okra tomato stew