South Servery

Week of: 10/21/2019
Chef Verena
<table>
<thead>
<tr>
<th></th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
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<tbody>
<tr>
<td></td>
<td><strong>Cilantro lime rice</strong></td>
<td><strong>White cheddar mac and cheese</strong></td>
<td><strong>Fried rice</strong></td>
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<tr>
<td></td>
<td><strong>Chipotle grilled chicken breast</strong></td>
<td><strong>Tangy bbq chicken</strong></td>
<td><strong>Gochujang chicken thighs</strong></td>
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<td></td>
<td><strong>Baked cod with orange garlic sauce</strong></td>
<td><strong>Roasted pork shoulder with pineapple and onions</strong></td>
<td><strong>Vegetable egg rolls</strong></td>
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<td></td>
<td><strong>Yuca fries with tomato dipping sauce</strong></td>
<td><strong>Skinny chiles rellenos with black beans and tofu</strong></td>
<td><strong>Pork pot stickers with sweet and spicy ponzu</strong></td>
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<td></td>
<td><strong>Stuffed pasta shells with red pepper cream sauce</strong></td>
<td><strong>Spaghetti squash w/roasted tomatoes &amp; plant-based sauce</strong></td>
<td><strong>Rice noodle vegetable Stir-fry</strong></td>
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<td></td>
<td><strong>Plant based tomato soup</strong></td>
<td><strong>Chicken tomato Florentine soup</strong></td>
<td><strong>Mushroom &amp; tofu miso soup</strong></td>
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<tr>
<td>Thursday</td>
<td><strong>Mashed potatoes</strong></td>
<td><strong>Beef bolognese</strong></td>
<td><strong>Beef barbacoa</strong></td>
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<td></td>
<td><strong>Chicken fried steaks with country gravy</strong></td>
<td><strong>Roasted garlic fettucine pasta</strong></td>
<td><strong>Chipotle cheese migas</strong></td>
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<td></td>
<td><strong>Roasted sage apple sausage with onions and peppers</strong></td>
<td><strong>Garlic bread</strong></td>
<td><strong>Home-made flour tortillas</strong></td>
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<td></td>
<td><strong>Baked chicken breast with lemon vinaigrette</strong></td>
<td><strong>Golden Fried Flounder with tartar sauce</strong></td>
<td><strong>Omelet station</strong></td>
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<td></td>
<td></td>
<td><strong>Hearty bean medley stew &amp; rice</strong></td>
<td><strong>Aguas frescas</strong></td>
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<td></td>
<td><strong>Hoisin tempeh</strong></td>
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<td><strong>Vegetarian spread</strong></td>
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<td><strong>Mac and cheese pizza</strong></td>
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<td></td>
<td><strong>Cobb salad</strong></td>
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- = Vegan  |  = Contains Gluten  |  = Contains Milk  |  = Contains Fish  |  = Contains Peanuts
- = Vegetarian |  = Contains Soy  |  = Contains Eggs  |  = Contains Shellfish  |  = Contains Treenuts
## Dinner Menu

### Monday
- Rigatoni Pasta with Red Pepper Vinaigrette
- Mediterranean Style Roasted Chicken
- Butter Tofu
- Broiled Tilapia with Kalamata and Tomato Relish
- Vegetable Lasagna
- Spicy Fried Chicken Sandwich with Pepper Jack Cheese
- Onion Rings

### Tuesday
- Roasted Yukon Potatoes
- Pork Tenderloin with Peach Chili Glaze
- Carved Tri Tip
- Sundried Tomato Pesto Tortellini
- Lentil, Chickpea and Greens Stew & Rice
- Ramen Bar

### Wednesday
- Indian Spiced Turkey Breast
- Brown Rice
- Potato and Spinach Curry
- Southern Fried Catfish with Remoulade Sauce
- Quinoa with Kale and Butternut Squash Hash
- Glazed Donuts

### Thursday
- Pork Schnitzel with Jaeger Sauce
- Roasted Baby Potatoes
- Creole Pork Sausage
- Pad Thai Coconut Curry
- Roasted Tofu with Plum Sauce and Steamed Rice
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### Friday
- Chicken Fajitas
- Tortilla Crusted Tilapia
- Mexican Rice
- Refried Beans
- Chips and Queso
- Mexican Squash Casserole

### Saturday
- Macaroni & Cheese
- Beer Battered Cod with Tartar Sauce
- Barbecue Chicken
- Redskin Potatoes with Peppers & Onions
- Navy Beans with Carrots & Kale
- Butterfly Shrimp
- Caesar Salad & Yogurt Bar

### Sunday
- Carved Smoked Pork Loin
- Creamy Mashed Potatoes
- Jerk Chicken Drumsticks
- BBQ Baked Beans
- Roasted Vegetables
- Oumph and Mushroom Red Coconut Curry

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