



South Servery

Week of: 10/21/2019

Chef Verena

Lunch Menu

Monday

CILANTRO LIME RICE



CHIPOTLE GRILLED CHICKEN BREAST



BAKED COD WITH ORANGE GARLIC SAUCE



YUCA FRIES WITH TOMATO DIPPING SAUCE



STUFFED PASTA SHELLS WITH RED PEPPER CREAM SAUCE



PLANT BASED TOMATO SOUP



Tuesday

WHITE CHEDDAR MAC AND CHEESE



TANGY BBQ CHICKEN

ROASTED PORK SHOULDER WITH PINEAPPLE AND ONIONS

SKINNY CHILES RELLENOS WITH BLACK BEANS AND TOFU



SPAGHETTI SQUASH W/ ROASTED TOMATOES & PLANT-BASED SAUCE



CHICKEN TOMATO FLORENTINE SOUP



Wednesday

FRIED RICE



GOCHUJANG CHICKEN THIGHS

VEGETABLE EGG ROLLS



PORK POT STICKERS WITH SWEET AND SPICY PONZU



RICE NOODLE VEGETABLE STIR-FRY



MUSHROOM & TOFU MISO SOUP



Thursday

MASHED POTATOES



CHICKEN FRIED STEAKS WITH COUNTRY GRAVY



ROASTED SAGE APPLE SAUSAGE WITH ONIONS AND PEPPERS



BAKED CHICKEN BREAST WITH LEMON VINAIGRETTE

HOISIN TEMPEH



MAC AND CHEESE PIZZA



COBB SALAD



Friday

BEEF BOLOGNESE

ROASTED GARLIC FETTUCINE PASTA



GARLIC BREAD



GOLDEN FRIED FLOUNDER WITH TARTAR SAUCE



HEARTY BEAN MEDLEY STEW & RICE



SAAG TEMPEH



Saturday

Sunday

BEEF BARBACOA

CHIPOTLE CHEESE MIGAS



HOME-MADE FLOUR TORTILLAS



OMELET STATION



AGUAS FRESCAS



VEGETARIAN SPREAD



= Vegan

= Vegetarian

= Contains Gluten

= Contains Soy

= Contains Milk

= Contains Eggs

= Contains Fish



= Contains Shellfish

= Contains Peanuts




= Contains Treenuts


Dinner Menu





Monday





RIGATONI PASTA WITH RED PEPPER VINAIGRETTE
 






MEDITERRANEAN STYLE ROASTED CHICKEN

BUTTER TOFU
  


BROILED TILAPIA WITH KALAMATA AND TOMATO RELISH


VEGETABLE LASAGNA
   

SPICY FRIED CHICKEN SANDWICH WITH PEPPER JACK CHEESE
   






ONION RINGS
    


Tuesday





ROASTED YUKON POTATOES


PORK TENDERLOIN WITH PEACH CHILI GLAZE

CARVED TRI TIP


SUNDRIED TOMATO PESTO TORTELLINI
    


LENTIL, CHICKPEA AND GREENS STEW & RICE




RAMEN BAR
   


Wednesday






INDIAN SPICED TURKEY BREAST

BROWN RICE



POTATO AND SPINACH CURRY



SOUTHERN FRIED CATFISH WITH REMOULADE SAUCE
 

QUINOA WITH KALE AND BUTTERNUT SQUASH HASH



GLAZED DONUTS
    



Thursday

PORK SCHNITZEL WITH JAEGER SAUCE


ROASTED BABY POTATOES






CREOLE PORK SAUSAGE


PAD THAI COCONUT CURRY



ROASTED TOFU WITH PLUM SAUCE AND STEAMED RICE
 




Friday





CHICKEN FAJITAS

TORTILLA CRUSTED TILAPIA
   


MEXICAN RICE






REFRIED BEANS


CHIPS AND QUESO
  

MEXICAN SQUASH CASSEROLE
   

Saturday




MACARONI & CHEESE
  


BEER BATTERED COD WITH TARTAR SAUCE
    

BARBECUE CHICKEN


REDSKIN POTATOES WITH PEPPERS & ONIONS



NAVY BEANS WITH CARROTS & KALE
 

BUTTERFLY SHRIMP
  


CAESAR SALAD & YOGURT BAR
 


Sunday



CARVED SMOKED PORK LOIN


CREAMY MASHED POTATOES
 

JERK CHICKEN DRUMSTICKS


BBQ BAKED BEANS


ROASTED VEGETABLES


OUMPH AND MUSHROOM RED COCONUT CURRY
 


 = Vegan


 = Vegetarian


 = Contains Gluten


 = Contains Soy


 = Contains Milk

 = Contains Eggs

 = Contains Fish

 = Contains Shellfish

 = Contains Peanuts

 = Contains Treenuts