



## **West Servery**

Week of: 10/21/2019

Chef Roger

# Lunch Menu

## Monday

SMOKED SALMON PASTA WITH DILL CREAM SAUCE

HARICOTS VERTS WITH MUSHROOMS

HONEY STUNG CHICKEN

SPINACH PARMESAN QUICHE

WHOLE GRAIN FARRO WITH SWEET POTATO

BACON RANCH PIZZA

MARGARITA PIZZA

## Tuesday

HAM REUBEN SANDWICH

SEASONED STEAK FRIES

TOFU RICE AND CABBAGE

LOBSTER BROTH WITH SEAFOOD AND RICE STICKS

PLANT-BASED COUSCOUS WRAP

BUFFALO CHICKEN PIZZA WITH BLUE CHEESE

ARTICHOKE PESTO PIZZA

## Wednesday

MEXICAN STYLE CHICKEN LASAGNA WITH SALSA VERDE

FIESTA RICE WITH CORN

BLACK BEAN RAGOUT

SEARED DUCK BREAST WITH SPICY PLUM SAUCE

BROCCOLI CHEDDAR TIMBALE

PROSCIUTTO SPINACH PIZZA

GARLIC PARMESAN POTATO PIZZA

## Thursday

BASMATI RICE

CHICKEN WITH RED CURRY

SWEET AND SOUR COD FISH

EGG MASALA

POTATO CAULIFLOWER TOMATO CHIPOTLE

BBQ CHICKEN PIZZA

BLACK BEAN TOSTADA PIZZA

## Friday

HERB ROASTED POTATOES

PRETZEL CRUSTED CHICKEN WITH HONEY MUSTARD

BLACKENED CATFISH

RED BEANS

PASTA PESTO WITH FRESH MOZZARELLA

BACON JALAPEÑO POPPER PIZZA

VEGETABLE SUPREME PIZZA

## Saturday

BREAKFAST AND LUNCH AVAILABLE AT NORTH AND SEIBEL

## Sunday

FRESH VEGETABLE FRITTATA

MINI WAFFLE WITH STRAWBERRY COMPOTE

BEEF BARBACOA TACO WITH FRESH SALSA

BAKED PASTA WITH EGGPLANT AND RICOTTA

RICE TEMPEH AND CORN

- = Vegan
- = Vegetarian
- = Contains Gluten
- = Contains Soy
- = Contains Milk
- = Contains Eggs
- = Contains Fish
- = Contains Shellfish
- = Contains Peanuts
- = Contains Treenuts

# Dinner Menu

## Monday

- JASMINE RICE
- CHICKEN TERIYAKI
- FISH WITH SALSA VERDE
- BIG NOODLE BOWL WITH SESAME GINGER AND SOY
- MUSHROOM STREUDEL
- FAMOUS CAULIFLOWER HOISIN
- SMOKED CHEDDAR TURKEY BURGER

## Tuesday

- PASTA MARINARA
- MEATBALLS WITH LOTS OF SAUCE
- CHICKEN ALFREDO
- GARBANZO CURRY
- RICE OKRA AND TOMATO
- GREEK SALAD WITH FETA

## Wednesday

ASSOCIATES NIGHT

## Thursday

- ANCHO RICE PILAF
- SOUTHWEST GRILLED BEEF STEAK WITH PICO DE GALLO
- CHICKEN ENCHILADAS
- PINTO BEANS
- TOFU STIR FRY WITH GARLIC CHILI SAUCE

## Friday

- WILD RICE
- BEEF STRIPS WITH MUSHROOM SAUCE
- CHICKEN FRIED CHICKEN
- JUMBO CHEESE RAVIOLI WITH MARINARA
- NAVY BEANS WITH CARROT AND ROSEMARY

## Saturday

DINNER AVAILABLE AT NORTH AND SOUTH SERVERIES

## Sunday

- YUKON GOLD POTATOES
- BEEF EYE OF ROUND ROAST
- CHICKEN FLORENTINE
- BAKED MANICOTTI WITH CREAMY PESTO
- LENTIL STEW WITH PEAS AND CARROT

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