West Servery

Week of: May 4, 2015
Executive Chef: Edward Castillo, CEC
## Lunch Menu

### Monday
- **Rice pilaf**
- **Spicy garlic and fennel chicken sausage**
- **Baked tilapia with lemon and herb**
- **Steamed northern beans**
- **Tofu with plum sauce and scallions**
- **Grilled cheese sandwich**
- **Tomato basil soup**

### Tuesday
- **Linguine pasta**
- **Linguine pasta**
- **Chicken Florentine**
- **Green beans with toasted almonds**
- **Spinach puff pastry**
- **Popcorn shrimp**
- **Vegetable noodle soup**

### Wednesday
- **Herb roasted potato**
- **Blackened chicken breast**
- **Baked Pangasius fish fillet**
- **Asparagus quiche with parmesan**
- **Steamed broccoli florets**
- **Chicken tenders**
- **Clam chowder**

### Thursday
- **Regular Meal Service Available at South**

### Friday
- **Regular Meal Service Available at South**

### Saturday
- **Regular Meal Service Available at South**

### Sunday
- **Regular Meal Service Available at South**

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- **Vegan**
- **Contains Gluten**
- **Vegetarian**
- **Contains Soy**
- **Contains Milk**
- **Contains Fish**
- **Contains Treenuts**
- **Contains Eggs**
- **Contains Shellfish**
- **Contains Peanuts**
<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
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<tbody>
<tr>
<td>GARLIC MASHED POTATO</td>
<td>VEGGIE FRIED RICE</td>
<td>SPANISH RICE</td>
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<tr>
<td>CHICKEN PARMESAN</td>
<td>STEAMED SESAME RICE NOODLES</td>
<td>BEEF FAJITAS WITH PEPPERS AND ONIONS</td>
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<tr>
<td>ANDOUILLE SAUSAGE AND PEPPERS</td>
<td>CHICKEN TERIYAKI</td>
<td>PEPPER JACK CHICKEN</td>
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<tr>
<td>QUINOA AND RICE BLEND WITH KALE</td>
<td>BEEF AND BROCCOLI</td>
<td>SPINACH ENCHILADAS</td>
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<tr>
<td>ROASTED ZUCCHINI AND YELLOW SQUASH</td>
<td>SAUTÉED BABY BOK CHOY</td>
<td>PINTO BEANS</td>
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<tr>
<td></td>
<td>SESAME TOFU</td>
<td>CORN ON THE COB</td>
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<td>CHOCOLATE &amp; STRAWBERRY NAPOLEON</td>
<td>ICE CREAM BAR</td>
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<table>
<thead>
<tr>
<th>Thursday</th>
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<tbody>
<tr>
<td>REGULAR MEAL SERVICE AVAILABLE AT SOUTH</td>
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<td>DINNER ON YOUR OWN.... RICE VILLAGE IS NICE!</td>
<td>REGULAR MEAL SERVICE AVAILABLE AT SOUTH</td>
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