South Servery

Week of: 8/24/2015
Chef Ed
## Lunch Menu

### Monday
- Steamed couscous vegetable blend
- Onion crusted chicken breast
- Lemon pepper Pangasius
- Balsamic roasted mushrooms
- Vegan navy beans
- Grilled Havarti cheese sandwich
- Big Oaxaca salad

### Tuesday
- Jasmine rice
- Chicken teriyaki
- Thai chili beef
- Spicy roasted eggplant with baby arugula
- Steamed rice noodles with sesame and ginger
- Veggie eggrolls
- Pasta exhibition

### Wednesday
- Arroz verde
- Shrimp Cancun
- Grilled beef fajitas
- Charro pinto beans
- Fresh homemade salsa
- Chili cheese nachos
- Pasta exhibition

### Thursday
- Chicken pesto sub sandwich
- Orzo and spinach pasta blend
- Andouille sausage and peppers
- Sautéed kale and mushroom
- Curry garbanzo and potato
- Chicken tenders
- Spinach and parmesan stuffed salmon

### Friday
- Beef lasagna
- Roasted red potatoes
- Blackened catfish with lemon
- Grilled tofu veggie kabobs
- Green beans and carrots
- Popcorn shrimp
- Caprese salad platter

### Saturday
- Pasta exhibition
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### Sunday
- Waffles
- Pancakes
- Omelets
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### Symbols:
- = Vegan
- = Contains Gluten
- = Vegetarian
- = Contains Milk
- = Contains Soy
- = Contains Fish
- = Contains Eggs
- = Contains Shellfish
- = Contains Peanuts
- = Contains Treenuts
<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
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</thead>
<tbody>
<tr>
<td>RICE PILAF</td>
<td>SPAGHETTI PASTA</td>
<td>GARLIC MASHED POTATOES</td>
</tr>
<tr>
<td>BAKED COD LOIN WITH HERB BUTTER</td>
<td>MARINARA SAUCE</td>
<td>SLOW ROASTED 8 CUT CHICKEN</td>
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<tr>
<td>CHIPOTLE ROASTED CHICKEN DRUMSTICKS</td>
<td>CHICKEN PARMESAN</td>
<td>GRILLED PORK CHOPS WITH CARAMELIZED ONION</td>
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<tr>
<td>BOWTIE PASTA WITH SAGE CREAM SAUCE</td>
<td>SAFFRON HERB RISOTTO</td>
<td>ASSORTED GRILLED VEGETABLES WITH ASPARAGUS</td>
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<tr>
<td></td>
<td>GROUND LAMB AND BEEF BOLOGNESE</td>
<td>STUFFED ROMA TOMATOES WITH SAUTÉED SPINACH</td>
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<tr>
<td></td>
<td>EGGPLANT RATATOUILLE</td>
<td>TIRAMISU</td>
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<tr>
<td></td>
<td>CHOCOLATE RASPBERRY CAKES</td>
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<td></td>
<td>BREAD PUDDING</td>
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<table>
<thead>
<tr>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
<th>Sunday</th>
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</thead>
<tbody>
<tr>
<td>SAUTÉED GARLIC YUKON POTATO</td>
<td>SPANISH RICE</td>
<td>BAKED COD LOIN WITH HERB BUTTER</td>
<td>GARLIC AND CHIVE MASHED POTATO</td>
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<tr>
<td>HONEY BOURBON GLAZED CHICKEN</td>
<td>CRUNCHY BEEF TACOS</td>
<td>MINCED CHICKEN (BEEF)</td>
<td>CHICKEN FRIED STEAK (BEEF)</td>
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<tr>
<td>GRILLED FLANK STEAK WITH CHIMICHURRI ON THE SIDE</td>
<td>SHREDDED CHICKEN A LA MEXICANA</td>
<td>CREAM GRAVY</td>
<td>CREAM GRAVY</td>
</tr>
<tr>
<td>RED BEANS AND RICE</td>
<td>VEGAN PINTO BEANS PUREE</td>
<td>CHICKEN ARTICHOKE</td>
<td>CHEESE MANICOTTI</td>
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<tr>
<td>BROCCOLI AND CAULIFLOWER FLORETS</td>
<td>VEGGIE QUESADILLAS</td>
<td></td>
<td>ROASTED ZUCCHINI AND YELLOW SQUASH</td>
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<tr>
<td>CLASSIC CARROT CAKE</td>
<td>SUPER MOIST FUDGE BROWNIES</td>
<td></td>
<td>CARVED ROAST BEEF WITH HORSERADISH CREAM</td>
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</tbody>
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**DINNER ON YOUR OWN.... RICE VILLAGE IS NICE!**