West Servery

Week of: 9/28/2015
Chef Roger
# Lunch Menu

## Monday
- Spaghetti Pasta
- Turkey Meatballs with Marinara Sauce
- Grilled Chicken with Marinated Artichoke
- Stuffed Jumbo Shells with Ricotta and Parmesan
- Navy Bean Ragout with Carrots and Rosemary
- Margarita Pizza with Fresh Basil
- Bacon Ranch Pizza with Red Onion

## Tuesday
- Basmati Rice
- Chicken Tikka Masala
- Seafood Cake with Tartar Sauce
- Roasted Red Skin Potato with Peppers and Onions
- Cabbage Tofu Stir Fry with Garlic and Ginger
- Marinated Artichoke and Sundried Tomato Pizza
- Chicken and Garlic Parmesan Pizza

## Wednesday
- Mac 'n Cheese
- Smoked Sausage with Sauteed Onions
- Chicken Fried Chicken
- Cheese Tortellini with Tomato Basil
- Black Bean Ragout
- Prosciutto with Spinach Pizza
- Vegetable Supreme Pizza

## Thursday
- Steamed Rice
- Chicken with Red Curry
- Beef and Broccoli
- Cauliflower with Fresh Green Beans
- Pinto Bean Pot
- Garlic Rosemary Potato Pizza
- BBQ Ranch Chicken Pizza with Cheddar Cheese

## Friday
- Herb Roasted Potatoes
- Chicken Italiano
- Shrimp Sausage Alfredo
- Pasta Marinara with Mushrooms
- Spinach Tomato Feta
- Ranch Buffalo Chicken Pizza with Blue Cheese
- Spinach Roasted Pepper Pizza

## Saturday
- Philly Cheese Steak Sandwich
- Big Waffle Fries
- Buffalo Wings
- Mini Round Cheese Pizza
- Rice and Bean Medley
- Tofu with Sweet Chili Stir Fry
- Grilled Chicken Breast

## Sunday
- Chef's Choice
- Steamed Rice
- Chicken with Red Curry
- Beef and Broccoli
- Cauliflower with Fresh Green Beans
- Pinto Bean Pot
- Garlic Rosemary Potato Pizza
- BBQ Ranch Chicken Pizza with Cheddar Cheese

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- **Vegan**
- **Contains Gluten**
- **Contains Milk**
- **Contains Fish**
- **Contains Peanuts**
- **Contains Soy**
- **Contains Eggs**
- **Contains Shellfish**
- **Contains Treenuts**
### Dinner Menu

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
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</thead>
<tbody>
<tr>
<td>PEARL COUSCOUS WITH GARLIC AND HERBS</td>
<td>HOMEMADE MASHED POTATOES</td>
<td>JASMINE RICE</td>
</tr>
<tr>
<td>STUFFED FLounder WITH CRAB AND SHRIMP</td>
<td>CHICKEN FRIED STEAK WITH COUNTRY GRAVY</td>
<td>GRILLED FLANK STEAK WITH CHIMICHURRI</td>
</tr>
<tr>
<td>CHAMPAGNE SAUCE</td>
<td>BBQ STYLE FISH WITH CHIPOTLE LIME VINAIGRETTE</td>
<td>SAUCE</td>
</tr>
<tr>
<td>SAGE CHICKEN SAUSAGE RAGOUT</td>
<td>TURMERIC FENNEL RICE PILAF</td>
<td>FAMOUS CHICKEN TERIYAKI</td>
</tr>
<tr>
<td>FRESH CORN CAKES WITH ARUGULA SALAD</td>
<td>SESAME CRUSTED TOFU CUTLETS WITH BABY BOK CHoy</td>
<td>BIG NOODLE BOWL WITH SOY AND SESAME OIL</td>
</tr>
<tr>
<td>CHICKPEA CURRY WITH EDAMAME</td>
<td>COCONUT CREAM TART</td>
<td>BREADED TOFU WITH PLUM SAUCE</td>
</tr>
<tr>
<td>VANILLA CAKE WITH STRAWBERRY MOUSSE AND CHOCOLATE</td>
<td>FRESH PITA BREAD WITH HUMMUS</td>
<td>FRESH HOMEMADE CINNAMON ROLLS</td>
</tr>
<tr>
<td>TURKEY BURGER WITH CHIPOTLE SMOKED CHEDDAR SAUCE</td>
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<td>DUTCH APPLE PIE</td>
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<table>
<thead>
<tr>
<th>Thursday</th>
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<th>Saturday</th>
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</thead>
<tbody>
<tr>
<td>PASTA WITH WALNUT PESTO</td>
<td>SCALLOPED POTATOES</td>
<td>SOUTHWEST RICE PILAF</td>
<td></td>
</tr>
<tr>
<td>CHICKEN PARMESAN</td>
<td>BEEF STEAK RAGOUT WITH PORTOBELLO</td>
<td>GRILLED BEEF FAJITAS</td>
<td></td>
</tr>
<tr>
<td>HERB COD FISH WITH LEMON CAPERS</td>
<td>TILAPIA FISH WITH TOMATO MINT VINAIGRETTE</td>
<td>CHICKEN ENCHILADAS WITH COTIJA CHEESE</td>
<td></td>
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<tr>
<td>POBLANO POTATO CASSEROLE</td>
<td>CANNELLINI BEAN</td>
<td>PINTO BEAN WITH TOMATO CILANTRO</td>
<td></td>
</tr>
<tr>
<td>BLACK-EYED PEAS WITH WILD RICE</td>
<td>CHEESE RAVIOLI WITH SMOKED GOUDA SAUCE</td>
<td>BAKED PASTA WITH PEPPER JACK</td>
<td></td>
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<tr>
<td>CHOCOLATE GENOISE CAKE</td>
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<td>UP SIDE DOWN PINEAPPLE CAKE</td>
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**DINNER ON YOUR OWN.... RICE VILLAGE IS NICE!**

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