West Servery

Week of: 9/21/2015
Chef Roger
## Lunch Menu

### Monday
- **Pasta Marinara with Fresh Basil**
- **Chicken Parmesan**
- **Herb Fish with Arugula Salad**
- **Mushroom Spinach Parmesan Quiche**
- **Curried Rice with Edamame**
- **Bacon Ranch Pizza with Red Onion Slices**
- **Margarita Pizza with Fresh Mozzarella**

### Tuesday
- **Whole Grain Pearl Couscous with Vegetables**
- **Chicken Italiano with Olives and Mushroom**
- **Smoked Pork Sausage with Peppers and Onions**
- **Stuffed Crepes with Spinach Ricotta Roasted Sweet Peppers**
- **Zucchini Rosemary Tomatoes with Navy Bean Ragout**
- **Garlic Parmesan Chicken Pizza**
- **Artichoke Sundried Tomato Pizza**

### Wednesday
- **Steamed White Rice**
- **Creole-Style Shrimp and Andouille Sausage**
- **Yellow Curry Chicken with Roasted Apples**
- **Garlic Potatoes with Green Beans and Cilantro**
- **Cajun Red Beans**
- **Prosciutto with Spinach Pizza**
- **Homemade Chocolate Chip Cookies**

### Thursday
- **Pasta with Garlic and Herbs**
- **Swedish Beef Meatballs**
- **Pretzel Crusted Chicken with Honey Dijon Sauce**
- **Eggplant Stir Fry with Hoisin**
- **Coconut Rice Pilaf with Sweet Corn and Fresh**
- **Ranch BBQ Chicken with Cheddar Cheese**
- **Rosemary Garlic Potato Pizza**

### Friday
- **Herb Roasted Potatoes**
- **The Best Chicken Tetrazzini**
- **Breaded Flounder with Tartar Sauce**
- **Whole Grain Orzo with Vegetables**
- **Tofu and Peppers Served with Rice Garlic Ginger and Cilantro**
- **Ranch Buffalo Chicken with Bleu Cheese**
- **Spinach Tomato Feta Pizza with Extra Virgin Olive Oil**

### Saturday
- **Grilled Pork Polish Sausage**
- **Crispy Waffle Fries**
- **Baked Pasta with Chicken and Parmesan Garlic Sauce**
- **Tofu Bean Stir Fry with Plum Sauce**
- **Jasmine Rice**
- **Mini Round Cheese Pizzas**
- **Fresh Roasted Vegetables**

### Sunday
- **Tortellini Pesto**
- **Grilled Chicken Breast with Fresh Herbs**
- **Mashed Red Skin Potato with Buttermilk**
- **Pinto Bean Casserole with Poblano Peppers**
- **Roasted Sweet Potatoes**
- **Whole Grain Pearl Couscous with Vegetables**
- **Fresh Roasted Vegetables**

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**= Vegan  **= Contains Gluten  = Contains Milk  = Contains Eggs  = Contains Fish  = Contains Shellfish  = Contains Treenuts
<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
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<tbody>
<tr>
<td>THE BEST CHEDDAR CHEESE GRITS</td>
<td>ALL VEGETABLE FRIED RICE</td>
<td>SCALLOPED POTATOES</td>
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<tr>
<td>BLACKENED CATFISH WITH CAJUN CREAM SAUCE</td>
<td>GRILLED SWEET AND SOUR PORK STEAKS</td>
<td>GRILLED SALMON WITH PICO DE GALLO</td>
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<tr>
<td>CHICKEN FRIED CHICKEN</td>
<td>CORN-CRUSTED CHICKEN CUTLETS</td>
<td>PROSCIUTTO WRAPPED CHICKEN WITH CREMINI MUSHROOM DEMI GLACE</td>
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<tr>
<td>VEGETABLE CAKES WITH CHIPOTLE RANCH SAUCE</td>
<td>TOFU STIR FRY WITH BABY BOK CHOY</td>
<td>STUFFED PORTOBELLO WITH FONTINA AND SPINACH</td>
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<tr>
<td>TEXAS BBQ BEANS</td>
<td>FRIED PLANTAINS WITH BLACK BEAN RAGOUT</td>
<td>ROASTED EGGPLANT WITH POMEGRANATE MOLASSES</td>
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<tr>
<td>GERMAN CHOCOLATE CAKES</td>
<td>FRESH PITA BREAD</td>
<td>CHEF ROGER’S FAMOUS CINNAMON ROLLS</td>
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<tr>
<td>WONTON ROMAINE SALAD WITH SESAME GINGER SOY VINAIGRETTE</td>
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<td>PUMPKIN PIE</td>
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<table>
<thead>
<tr>
<th>Thursday</th>
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<th>Saturday</th>
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<tbody>
<tr>
<td>GARLIC MASHED POTATOES</td>
<td>JASMINE RICE</td>
<td>GREEN CHILE RICE PILAF</td>
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<tr>
<td>CHICKEN FRIED STEAK WITH COUNTRY GRAVY</td>
<td>BEEF TENDER TIPS WITH MUSHROOM SAUCE</td>
<td>ROASTED PORK LOIN WITH MUSTARD SAUCE</td>
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<tr>
<td>ROASTED MESQUITE RUBBED CHICKEN</td>
<td>GREEK CHICKEN</td>
<td>CHICKEN ENCHILADAS WITH CHEDDAR AND MONTEREY JACK</td>
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</tr>
<tr>
<td>PASTA WITH WALNUT PESTO AND FRESH BROCCOLI</td>
<td>KIDNEY BEAN RAGOUT</td>
<td>BAKED CHEESE MANICOTTI</td>
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<tr>
<td>FRENCH GREEN BEANS WITH GARBANZO RAGOUT</td>
<td>JUMBO CHEESE RAVIOLI WITH MARINARA</td>
<td>POTATO TOMATO CURRY WITH TOFU CRUMBLE</td>
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**DINNER Menu**

- Contains Gluten
- Contains Milk
- Contains Fish
- Contains Peanuts
- Contains Treenuts
- Contains Soy
- Contains Eggs
- Contains Shellfish

**Dinner on Your Own…. Rice Village is Nice!**