North Servery

Week of: 10/5/2015
Chef Alex
## Lunch Menu

### Monday
- **Peppercorn Chicken with Lemon and Spinach**
- Spicy Sweet Potatoes
- Polenta Gratin with Mushrooms and Fontina
- Lamb Pot Roast with Potatoes and Fennel
- Braised Greens with Shallots and Onions
- Stuffed Peppers with Beans and Goat Cheese
- Sweet Corn and Parsnip Soup

### Tuesday
- Oven Roasted Chicken with Apples and Sage
- Penne Pasta with Broccoli, Olives and Pistachios
- Zucchini Fritters
- Simmered Beef Goulash
- Vegetable Rice Pilaf
- Cauliflower and Tofu Curry
- Smoked Tomato Soup

### Wednesday
- Pan Seared Pork Loin with Apple Sage
- New Potatoes with Herbs
- Braised Leeks
- Poached Mahi Mahi with Tamarind Sauce
- Hush Puppies
- Smoked Kale and Tabouli with Yogurt Dressing
- Spinach Soup with Nutmeg

### Thursday
- Grilled Flank Steak with Bleu Cheese and Ranch
- Roasted Eggplant
- Brown Rice with Lentils
- Grilled Chicken with Asparagus and Cheese
- Grilled Corn with a Tequila Lime Butter Sauce
- Borracho Beans
- Mushroom and Barley Soup

### Friday
- Chipotle Ribs
- Vegetable Ragout
- Tri-Color Pasta with Carbonara Sauce
- Spicy Seafood Stew with Chorizo
- Green Beans
- Bean Goulash with Tofu
- Chili Verde Bean Soup

### Saturday
- -
- -
- -
- -
- -
- Smoked Turkey (Carved)

### Sunday
- -
- -
- -
- -
- -
- Saffron Rice
- Asparagus Strudel
- Garlic Seafood and Vegetables
- Kidney Bean & Eggplant Etofue
- Scrambled Eggs with Goat Cheese and Fine Herbs
- Scallops and Basil Frittata

---

<table>
<thead>
<tr>
<th>Symbol</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>➔</td>
<td>Vegan</td>
</tr>
<tr>
<td>➕</td>
<td>Contains Gluten</td>
</tr>
<tr>
<td>➖</td>
<td>Contains Milk</td>
</tr>
<tr>
<td>➗</td>
<td>Contains Fish</td>
</tr>
<tr>
<td>➔</td>
<td>Contains Peanuts</td>
</tr>
<tr>
<td>➕</td>
<td>Contains Soy</td>
</tr>
<tr>
<td>➖</td>
<td>Contains Eggs</td>
</tr>
<tr>
<td>➗</td>
<td>Contains Shellfish</td>
</tr>
<tr>
<td>➔</td>
<td>Contains Treenuts</td>
</tr>
</tbody>
</table>
### Dinner Menu

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>CHICKEN ADOBO</strong></td>
<td><strong>GRILLED TENDER STEAKS</strong></td>
<td><strong>CHICKEN VINDALOO</strong></td>
</tr>
<tr>
<td><strong>MEXICAN RICE</strong></td>
<td><strong>CREAMY BUTTERNUT SQUASH AND RISOTTO</strong></td>
<td><strong>BASMATI RICE</strong></td>
</tr>
<tr>
<td><strong>SEARED PANGASIUS WITH ROASTED CORN SALSA</strong></td>
<td><strong>SPAGHETTI SQUASH WITH GREENS</strong></td>
<td><strong>OKRA AND TOMATO POT PIE</strong></td>
</tr>
<tr>
<td><strong>CHIPS AND ASSORTED SALSAS</strong></td>
<td><strong>PAN SEARED CHICKEN AND POBLANO BEURRE BLANC</strong></td>
<td><strong>SLICED ROAST BEEF</strong></td>
</tr>
<tr>
<td><strong>QUORN STUFFED CALABACITA</strong></td>
<td><strong>YELLOW RICE</strong></td>
<td><strong>RED CRIMSON LENTIL</strong></td>
</tr>
<tr>
<td><strong>TRADITIONAL CHARRO BEANS</strong></td>
<td><strong>NAVY BEAN NEOPOLITAN PASTA</strong></td>
<td><strong>TOFU AND BAMBOO STIR FRY</strong></td>
</tr>
<tr>
<td><strong>AGUAS FRESCAS</strong></td>
<td><strong>PITA CHIPS AND HUMMUS</strong></td>
<td><strong>PHO BAR</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
<th>Sunday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>FRIED CHICKEN AND WAFFLES</strong></td>
<td><strong>BACKYARD SHINER BBQ CHICKEN</strong></td>
<td><strong>ROAST PORK LOIN WITH TOMATO SAUCE</strong></td>
<td><strong>AGUAS FRESCAS</strong></td>
</tr>
<tr>
<td><strong>FETTUCCINI PASTA PRIMAVERA</strong></td>
<td><strong>WARM POTATO SALAD</strong></td>
<td><strong>SPAGHETTI BOLOGNESE</strong></td>
<td><strong>PITA CHIPS AND HUMMUS</strong></td>
</tr>
<tr>
<td><strong>OVEN ROASTED CARROTS</strong></td>
<td><strong>VEGETABLE KABOB</strong></td>
<td><strong>VEGETABLE HASH</strong></td>
<td><strong>PITA CHIPS AND HUMMUS</strong></td>
</tr>
<tr>
<td><strong>SEAFOOD A LA TOURKOLIMANO</strong></td>
<td><strong>BROCCOLI AND CHEESE</strong></td>
<td><strong>FIRE ROASTED BRUSSEL SPROUTS</strong></td>
<td><strong>PITA CHIPS AND HUMMUS</strong></td>
</tr>
<tr>
<td><strong>Eggplant Parmesan</strong></td>
<td><strong>SMOKED SAUSAGE</strong></td>
<td><strong>LOADED MASHED POTATOES</strong></td>
<td><strong>PITA CHIPS AND HUMMUS</strong></td>
</tr>
<tr>
<td><strong>ROASTED POTATOES AND MUSHROOMS</strong></td>
<td><strong>ROASTED SQUASH AND WILTED SPINACH</strong></td>
<td><strong>BUTTERNUT SQUASH SOUP</strong></td>
<td><strong>PITA CHIPS AND HUMMUS</strong></td>
</tr>
<tr>
<td><strong>APPLE STREUSEL</strong></td>
<td><strong>FIDEO SOUP</strong></td>
<td><strong>FIDEO SOUP</strong></td>
<td><strong>PITA CHIPS AND HUMMUS</strong></td>
</tr>
</tbody>
</table>

**Dinner on Your Own…. Rice Village is Nice!**

- **Vegan**
- **Contains Gluten**
- **Contains Milk**
- **Contains Fish**
- **Contains Peanuts**
- **Contains Soy**
- **Contains Eggs**
- **Contains Shellfish**
- **Contains Treenuts**