Sid Rich Kitchen

Week of: 11/9/2015
Chef Verena
<table>
<thead>
<tr>
<th>Lunch Menu</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
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<tbody>
<tr>
<td></td>
<td>Spaghetti &amp; meatballs w/ marinara sauce</td>
<td>Kung pao chicken</td>
<td>Roasted garlic chicken thighs</td>
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<td></td>
<td>Garlic bread</td>
<td>White sticky rice</td>
<td>Rosemary roasted potatoes</td>
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<td></td>
<td>Lemon herb flounder</td>
<td>Sesame crusted tofu w/ edamame slaw</td>
<td>Spinach and mushroom crepes</td>
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<td></td>
<td>Vegetarian fritters</td>
<td>General Tso tilapia</td>
<td>BBQ pork w/ caramelized onions</td>
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<td></td>
<td>Garlic bread</td>
<td>Roasted sweet and sour butternut squash</td>
<td>Fresh Atkinson Farms vegetables</td>
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<td></td>
<td>Roasted eggplant w/ crispy garbanzo</td>
<td>Chicken tenders and fries</td>
<td>Philly cheese steak sandwich</td>
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<td></td>
<td>Grilled cheese &amp; tomato bisque</td>
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<tr>
<td>Thursday</td>
<td>Guajillo cilantro roasted chicken</td>
<td>Buffalo chicken wings</td>
<td>Roasted garlic chicken thighs</td>
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<td></td>
<td>White rice</td>
<td>Brue cheese roasted potatoes</td>
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<td></td>
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<td>Popcorn shrimp</td>
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<td></td>
<td></td>
<td>Parmesan polenta squares</td>
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<td>Mac &amp; Cheese Action station</td>
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- Contains Gluten
- Contains Milk
- Contains Soy
- Contains Milk
- Contains Fish
- Contains Shellfish
- Contains Peanuts
- Contains Treenuts

- Vegan
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### Dinner Menu

#### Monday
- **Chicken Tagine**
- Mediterranean couscous with raisins and mint
- Green bean vegetable sauté
- Moroccan baked cod w/ onion, tomato & olives

#### Tuesday
- **Orange ginger pork tenderloin**
- Jasmine rice
- Vegetable egg rolls
- Panang red curry chicken
- Spicy tofu vegetable sauté

#### Wednesday
- **Seafood Cioppino**
- Linguini pasta
- Seared chicken w/ fennel cream sauce
- Creamy polenta w/ chickpea stew
- Sautéed kale & acorn squash w/ caramelized onion vinaigrette

#### Thursday
- **Smoked apple cider pork medallions**
- Butternut squash risotto
- Stuffed vegetable pangasius w/ white wine
- Sweet potato & greens stew

#### Friday

#### Saturday
- **Dinner on Your Own…. Rice Village is Nice!**

#### Sunday
- Mediterranean couscous with raisins and mint
- Jasmine rice
- Vegetable egg rolls
- Panang red curry chicken
- Spicy tofu vegetable sauté

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