West Servery

Week of: 8/29/2016
Chef Roger
## Lunch Menu

### Monday
- Smoked salmon pasta with dill cream sauce
- Haricots verts with mushrooms
- Pork Polish sausage with peppers and onions
- Spinach Parmesan roasted pepper frittata
- Potato bean curry
- Bacon ranch pizza
- Margarita pizza

### Tuesday
- Whole grain orzo with vegetables medley
- Chicken florentine with ricotta
- Cod fish with tomato basil vinaigrette
- Potato dill garlic yogurt sauce
- Southwest rice pilaf
- Chicken pesto pizza
- Marinated artichoke sundried tomato pizza

### Wednesday
- Wild rice with herbs
- Beef swedish meatballs
- Shrimp and mussels ragout
- Spinach stuffed crepe with herb cream sauce
- Red beans and kale
- Prosciutto spinach pizza
- Vegetable supreme

### Thursday
- Basmati rice
- Chicken with red curry
- Ginger chile lime mahi mahi fish
- Chick pea masala
- Spicy eggplant with garlic chili sauce
- Ranch BBQ chicken pizza
- Black bean tostadas

### Friday
- Garlic roasted red potatoes
- Citrus flounder with mandarin orange
- Chicken drumsticks buffalo style
- Pasta pesto
- Fried rice with vegetables
- Ranch buffalo chicken with bleu cheese pizza
- Three cheese pizza

### Saturday
- Spaghetti marinara
- Beef bolognese
- Chicken italiano
- Flat bread with spinach and tomatoes
- Fried rice with edamame
- Pinto bean ragout with cilantro
- Chicken breast

### Sunday
- Chef’s choice
- Chicken drumsticks buffalo style
- Pasta pesto
- Fried rice with vegetables
- Ranch buffalo chicken with bleu cheese pizza
- Three cheese pizza

### Allergens
- **= Vegan
- ** = Vegetarian
- ** = Contains Gluten
- ** = Contains Milk
- ** = Contains Fish
- ** = Contains Soy
- ** = Contains Eggs
- ** = Contains Shellfish
- ** = Contains Peanuts
- ** = Contains Treenuts
<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
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<tbody>
<tr>
<td>MASHED POTATOES</td>
<td>JASMINE RICE</td>
<td>BAKED PASTA WITH RICOTTA AND TOMATO BASIL</td>
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<tr>
<td>CHICKEN FRIED CHICKEN</td>
<td>FAMOUS CHICKEN TERIYAKI</td>
<td>VEAL PARMESAN</td>
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<tr>
<td>SLOW BRAISED BBQ PORK</td>
<td>GRILLED BEEF FLANK STEAK WITH ROASTED GREEN CHILE SALSA</td>
<td>SEAFOOD CAKES WITH TARTAR SAUCE</td>
</tr>
<tr>
<td>MUSHROOM STRUDEL</td>
<td>BIG NOODLE BOWL WITH GARLIC SOY</td>
<td>EGGPLANT STACKS WITH FRESH MOZZARELLA</td>
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<tr>
<td>TURMERIC RICE FENNEL WITH EDAMAME</td>
<td>SESAME LOCAL TOFU STIR FRY</td>
<td>NAVY BEANS WITH CARROTS AND ROSEMARY</td>
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<tr>
<td>SMOKED CHEDDAR TURKEY BURGER</td>
<td>COWBOY BURGER WITH PROVOLONE &amp; CARAMALIZED ONIONS</td>
<td>BANANA JACK BURGER WITH PEPPER JACK SAUCE</td>
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<tr>
<td>CAULIFLOWER HOISIN</td>
<td>FRESH PITA BREAD AND HOUMMOUS</td>
<td>JUMBO CINNAMON ROLLS</td>
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<table>
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<tr>
<th>Thursday</th>
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<tbody>
<tr>
<td>TOMATILLO RICE PILAF</td>
<td>HERB COUSCOUS</td>
<td>SCALLOP POTATOES</td>
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<tr>
<td>GRILLED BEEF STEAK WITH PICO DE GALLO</td>
<td>BEEF TIPS WITH MUSHROOM SAUCE</td>
<td>CHICKEN SCALLOPINE WITH GARLIC ARTICHoke</td>
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<tr>
<td>TORTILLA CRUSTED TILAPIA FISH</td>
<td>GREEK CHICKEN WITH FETA</td>
<td>GRILLED SALMON WITH MANGO SALSA</td>
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<tr>
<td>BLACK BEAN WITH ROASTED PLANTAINS</td>
<td>RAVIOLI MARINARA</td>
<td>CHEESE TORTELLINI WITH HERB CREAM SAUCE</td>
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<tr>
<td>BUTTERNUT SQUASH PASTA WITH ROSEMARY CREAM SAUCE</td>
<td>POTATO ZUCCHINI BAKE WITH KALAMATA OLIVES</td>
<td>LOCAL TOFU RICE CURRY</td>
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<tr>
<td>LENTIL CURRY</td>
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<tr>
<td>BREADED LOCAL TOFU WITH FRESH BROCCOLI</td>
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