Baker Kitchen

Week of: 1/13/2020
Chef Jaymeshia
<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
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<tbody>
<tr>
<td>Roasted Red potatoes with peppers and onions</td>
<td>Steamed Vegetable Risotto</td>
<td>CREAMY SAGE BUTTERNUT SQUASH PASTA</td>
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<tr>
<td>Honey buffalo Chicken drumsticks</td>
<td>Lemon Herb Baked Catfish</td>
<td>Baked cod loin with lemon vinaigrette</td>
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<tr>
<td>Baked swai fillet with Roasted Tomatoes &amp; Garlic</td>
<td>Chipotle Chicken Stew</td>
<td>Grilled Chicken breast with cucumber mint relish</td>
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<tr>
<td>Roasted Eggplant and tofu</td>
<td>Edamame And corn Succotash</td>
<td>Jackfruit cakes with roasted corn relish</td>
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<tr>
<td>Navy bean stew</td>
<td>Thai Curry tempeh</td>
<td>Three Bean Chili</td>
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<tr>
<td>Grill Cheese Sandwich</td>
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<td>Crispy corn nuggets</td>
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<tr>
<td>Creamy tomato basil soup</td>
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<tr>
<th>Thursday</th>
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<tbody>
<tr>
<td>Steamed basmati rice</td>
<td>Steak fries</td>
<td>Hearty beef stew</td>
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<tr>
<td>Coconut curry Roasted Chicken</td>
<td>Shrimp and sausage ragout</td>
<td>Tomato caper grilled tofu</td>
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<tr>
<td>Hearty beef stew</td>
<td>Mango habanero wings</td>
<td>Fried Pickle spears</td>
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<tr>
<td>Roasted Cauliflower with potatoes and chickpeas</td>
<td>Vegetable rice pilaf</td>
<td>Roasted Pickle spears</td>
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<tr>
<td>Tomato caper grilled tofu</td>
<td>Roasted balsamic portobello mushrooms with</td>
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<td>Chicken noodle soup</td>
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= Vegan
= Vegetarian
= Contains Gluten
= Contains Milk
= Contains Fish
= Contains Soy
= Contains Eggs
= Contains Shellfish
= Contains Treenuts
= Contains Peanuts
## Dinner Menu

**Monday**
- Steamed penne pasta
- Chicken meatballs
- Baked Parmesan Flounder
- Vegetable Ratatouille
- Creamy Stuffed Pasta Shells
- Oumph bolognese
- Garlic bread

**Tuesday**
- Steamed jasmine Rice
- Spicy Caramel Pineapple pork ribs
- Ginger Soy Chicken Thighs
- Crispy garlic sambal tofu with broccoli
- Thai chili rice noodle vegetable stir-fry
- Mini vegetable spring rolls

**Wednesday**
- Parmesan truffle mashed potatoes
- Country fried steak with gravy
- Roasted lemon pepper leg quarters
- Creamy red beans
- Smoked paprika rice
- Plant-based sausage and mushroom Étouffée
- Honey butter dinner rolls

**Thursday**
- Cilantro lime rice
- Chicken tinga
- Beef picadillo
- Refried black beans
- Roasted tofu with peppers and onions
- Chips and queso

**Friday**

**Saturday**

**Sunday**

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