North Servery

Week of: 2/3/2020
Chef Martin
# Lunch Menu

**Monday**
- Garlic Butter Potatoes
- Shrimp & Smoked Sausage Jambalaya
- Tempeh Chili
- Roasted Red Pepper & Cheddar Quiche
- Avocado Tortilla Salad
- Grilled Cheese Sandwich
- Tomato Basil Soup

**Tuesday**
- Barley Pilaf
- Tender Beef Stew
- Plant Based Apple Sausage with Caramelized Onions
- Vegetable Strudel
- Watermelon Arugula & Feta Salad with Balsamic
- Crispy Corn Nuggests
- Broccoli Cheddar Soup

**Wednesday**
- Tri-Color Quinoa with Kale
- Chicken Cannelloni with Spinach & Ricotta
- Local Tofu & Tomato Ragout
- Mushroom Risotto
- Citrus Spring Salad with Almonds
- Refried Bean & Cheddar Nachos
- Chicken Noodle Soup

**Thursday**
- Roasted Sweet Potatoes
- Grilled Chicken Breast with Mango Relish
- Roasted Cauliflower Florets with Curry Yogurt
- Tuscan Bean Stew
- Cucumber Tomato Salad
- All Beef Hot Dogs
- Potato Chowder

**Friday**
- Vegetable Rice Pilaf
- Turkey Cheddar Torta Sandwich with Avocado
- BBQ Pulled Pork
- Sautéed Plant-Based Chorizo & Potatoes
- Cheese Ravioli with Marinara
- Crispy Yuca Fries
- Shrimp Gumbo

**Saturday**
- Chicken Tetrazzini
- Beef & Pork Sausage on a Stick
- Red Potatoes with Green Beans & Mushrooms
- Whole Grain Orzo with Tempeh
- Cheese Manicotti
- Mini Pepperoni Pizzas

**Sunday**
- Warm Flour Tortillas
- Braised Beef Barbacoa
- Chilaquiles & Egg Hash
- Omelets To Order
- Chocolate Chip Pancakes
- Spinach, Quinoa & Tofu Sauté
## Dinner Menu

### Monday
- **Garlic Mashed Potatoes**
- **Country Fried Chicken Breast with Gravy**
- **Lemon Dill Flounder**
- **Creole Red Beans & Rice**
- **Tofu & Sweet Potato Curry**
- **Cheddar Corn Bread**
- **Apple Pie**

### Tuesday
- **Coconut Basmati Rice**
- **Butter Chicken**
- **Green Curry Pork**
- **Spicy Black Beans with Plantains**
- **Palak Paneer**
- **Pita Bread with Tabbouleh**
- **Funfetti Cake**

### Wednesday
- **Cilantro Lime Rice**
- **Shredded Beef Ropa Vieja**
- **Tortilla Crusted Tilapia**
- **Grilled Portobello Mushroom Quesadillas**
- **Local Tofu & Nopales with Guajillo Salsa**
- **Guacamole & Pico de Gallo**
- **Fruit Streusel**

### Thursday
- **Spaghetti Pasta**
- **Chicken Asiago**
- **Italian Beef Bolognese**
- **Eggplant & Tofu Napoleons**
- **Cheese Tortellini with Pesto**
- **Garlic Bread**
- **Italian Crème Cake**

### Friday
- **Roasted Steak Fries**
- **Garlic Parmesan Chicken Wings**
- **Baked Cod Loin with Creole Sauce**
- **Tofu, Corn & Edamame Succotash**
- **Cheddar Pasta Baked**
- **Double Chocolate Cookie Cake**
- **Italian Crème Cake**

### Saturday
- **Chopped BBQ Beef**
- **Waffle Fries**
- **Sweet Chile Chicken**
- **Cheese Enchiladas**
- **Refried Black Beans & Fiesta Rice**
- **Breaded Butterfly Shrimp**
- **Crispy Curly Fries**

### Sunday
- **Wild Rice Pilaf**
- **Carved Turkey Breast**
- **Swedish Style Beef Meatballs**
- **Okra & Tomato Stew with Plant-Based Sausage**
- **Garlic Butter Gnocchi**
- **Crispy Curly Fries**
- **Italian Crème Cake**

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- = Vegan
- = Vegetarian
- = Contains Gluten
- = Contains Soy
- = Contains Milk
- = Contains Eggs
- = Contains Fish
- = Contains Shellfish
- = Contains Peanut
- = Contains Treenuts