Sid Rich Kitchen

Week of: 2/17/2020
Chef Kim
<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Savory Turkey Bolognese</td>
<td>Zesty Beef Picadillo</td>
<td>Thai Coconut Curry Chicken Thighs</td>
</tr>
<tr>
<td>Spaghetti Pasta</td>
<td>Cilantro Rice Pilaf</td>
<td>Steamed Basmati Rice</td>
</tr>
<tr>
<td>Chickpea &amp; Edamame Vegetable Ragout</td>
<td>Plant-based Chorizo Sausage Chili with Beans</td>
<td>Root Vegetable &amp; Jackfruit Stew</td>
</tr>
<tr>
<td>Baked Flounder with Lemon Caper Relish</td>
<td>Grilled Chicken Fajitas with Peppers and Onions</td>
<td>Beef Philly Cheese Crepe</td>
</tr>
<tr>
<td>Cheese Manicotti with Poblano Cream</td>
<td>Black Bean Tostadas</td>
<td>Roasted Acorn Squash with Rainbow Kale</td>
</tr>
<tr>
<td>Stuffed Crust Deep Dish Pizzas</td>
<td>Fresh Chips and Queso</td>
<td>Mediterranean Style White Bean Soup</td>
</tr>
<tr>
<td>Warm Garlic Bread</td>
<td>Chicken Pozole Soup</td>
<td>Yuca Fries</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Savory Beef Burgundy</td>
<td>Smoked Jerk Chicken Wings</td>
<td>Creamy Scalloped Potatoes</td>
</tr>
<tr>
<td>Steamed Egg Noodles</td>
<td>Smoked Jerk Chicken Wings</td>
<td>Caribbean Spiced Tofu</td>
</tr>
<tr>
<td>Plant-based Local Tofu Alfredo</td>
<td>Smoked Jerk Chicken Wings</td>
<td>Cutlets with Pineapple Slaw</td>
</tr>
<tr>
<td>Baked Tilapia with Fresh Pico de Gallo</td>
<td>Smoked Jerk Chicken Wings</td>
<td>Pork Italian Sausage with Peppers &amp; Onions</td>
</tr>
<tr>
<td>Zucchini and Corn Succotash</td>
<td>Smoked Jerk Chicken Wings</td>
<td>BBQ Baked Beans</td>
</tr>
<tr>
<td>Mini Chicken Corn Dogs</td>
<td>Smoked Jerk Chicken Wings</td>
<td>Gluten Free Flatbread</td>
</tr>
<tr>
<td>Potato &amp; Kale Soup</td>
<td>Smoked Jerk Chicken Wings</td>
<td>Veggie Pizza</td>
</tr>
<tr>
<td></td>
<td>Smoked Jerk Chicken Wings</td>
<td>Smoked Turkey Gumbo</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Saturday</th>
<th>Sunday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yuca Fries</td>
<td></td>
</tr>
<tr>
<td>Smoked Turkey Gumbo</td>
<td></td>
</tr>
<tr>
<td>Plant-based Local Tofu</td>
<td></td>
</tr>
<tr>
<td>Alfredo</td>
<td></td>
</tr>
<tr>
<td>Baked Tilapia with Fresh Pico de Gallo</td>
<td></td>
</tr>
<tr>
<td>Zucchini and Corn Succotash</td>
<td></td>
</tr>
<tr>
<td>Mini Chicken Corn Dogs</td>
<td></td>
</tr>
<tr>
<td>Potato &amp; Kale Soup</td>
<td></td>
</tr>
</tbody>
</table>

= Vegan
= Vegetarian
= Contains Gluten
= Contains Milk
= Contains Gluten
= Contains Fish
= Contains Eggs
= Contains Soy
= Contains Shellfish
= Contains Peanuts
= Contains Eggs
= Contains Treenuts
## Dinner Menu

### Monday
- Crispy Fried Chicken & Waffles
- Rosemary Roasted Breakfast Potatoes
- Smokey Tofu Cutlets with Quinoa & Kale Pilaf
- Ham Steaks with Red-eye Gravy
- Smokey Gouda Cheese Grits
- Bananas Foster French Toast
- Iced Café Mocha Latte

### Tuesday
- Spicy Korean Chicken Stew (Dak Dori Tang)
- Steamed White Rice
- Local Tofu & Vegetable Stir Fry
- Baked Cod Loins with Lemon Vinaigrette
- Garlic Ginger Roasted Green Beans with Cherry Tomatoes
- Action Station: Bibimbap (Vegetarian Rice Bowl)
- Boba Tea

### Wednesday
- Tender Pork Carnitas
- Tomatillo Rice Pilaf
- Portobello Mushroom Fajitas with Peppers & Onions
- Chili Lime Tilapia Fillets
- Simmered Ranchero Beans
- Jalapeño Cheese Quesadillas
- Spiced Hot Chocolate

### Thursday
- Spicy Chicken Drumsticks
- Mozzarella Macaroni and Cheese
- Edamame Dirty Rice Stuffed Peppers
- Blackened Catfish with Creole Sauce
- Crispy Fried Okra & Zucchini Sticks
- Mile High Beef Slider
- Brown Sugar Chili Sweet Potato Fries

### Friday
- Iced Café Mocha Latte
- Boba Tea
- Spiced Hot Chocolate

### Saturday
- Iced Café Mocha Latte
- Boba Tea
- Spiced Hot Chocolate

### Sunday
- Iced Café Mocha Latte
- Boba Tea
- Spiced Hot Chocolate

---

- = Vegan
- = Vegetarian
- = Contains Gluten
- = Contains Soy
- = Contains Milk
- = Contains Eggs
- = Contains Fish
- = Contains Shellfish
- = Contains Treenuts
- = Contains Peanuts
- = Vegan
- = Vegetarian
- = Contains Gluten
- = Contains Soy
- = Contains Milk
- = Contains Eggs
- = Contains Fish
- = Contains Shellfish
- = Contains Treenuts
- = Contains Peanuts