North Servery

Week of: 3/23/2020
Chef Martin
### Lunch Menu

#### Monday
- Rice Pilaf
- **Blackened Tilapia with Lemon**
- Vinaigrette & Cucumber Relish
- Grilled Chicken
- Lentil & Kale Stew
- Mini Cheese Pizzas
- Caesar Salad
- Mixed Green Garden Salad & Fruit Salad

#### Tuesday
- Macaroni & Cheese
- **Barbecue Chopped Beef Brisket**
- Grilled Chicken
- **Black Bean Ragout with Plantains over Rice**
- Mini Cheese Pizzas
- Caesar Salad
- Mixed Green Garden Salad & Fruit Salad

#### Wednesday
- Mashed Potatoes
- Country Fried Steak
- Grilled Chicken
- Tofu & Eggplant Saute with Rice
- Mini Cheese Pizzas
- Caesar Salad
- Mixed Green Garden Salad & Fruit Salad

#### Thursday
- Herb Fettucine
- **Turkey Meatballs in Marinara**
- Grilled Chicken
- Potato & Garbanzo Curry with Rice
- Mini Cheese Pizzas
- Caesar Salad
- Mixed Green Garden Salad & Fruit Salad

#### Friday
- Vegetable Rice Pilaf
- Cornmeal Breaded Catfish
- Grilled Chicken
- Citrus Red Bean, Potato & Kale
- Mini Cheese Pizzas
- Caesar Salad
- Mixed Green Garden Salad & Fruit Salad

#### Saturday
- Green Chile Rice Pilaf
- Pork Carnitas
- Grilled Chicken
- Thai Chili Tofu, Broccoli & Red Peppers
- Mini Cheese Pizzas
- Caesar Salad
- Mixed Green Garden Salad & Fruit Salad

#### Sunday
- Couscous Pilaf with Broccoli
- Red Beans & Butternut Squash
- Barbecue Shredded Pork
- Grilled Chicken with Cucumber Tomato Relish
- Spinach, Mushroom Frittata
- Waffle Station
- Caesar, Mixed Garden Greens and Fruit Salad

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= Vegan  = Contains Gluten  = Contains Milk  = Contains Fish  
= Vegetarian  = Contains Soy  = Contains Eggs  = Contains Shellfish  
= Contains Peanuts  = Contains Treenuts
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<th>Day</th>
<th>Monday</th>
<th>Tuesday</th>
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<tr>
<td></td>
<td>Vegetable Fried Rice</td>
<td>Spaghetti Pasta</td>
<td>Roasted Yukon &amp; Red Potatoes</td>
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<td></td>
<td>Thai Chili Chicken Wings</td>
<td>Veal Parmesan</td>
<td>Golden Fried Chicken Breast with Creamy Gravy</td>
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<td>Grilled Chicken</td>
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<td>Sesame Ginger Tofu Noodle Bowl</td>
<td>Eggplant Ratatouille with Edamame</td>
<td>Coconut Tomato Curry Tofu</td>
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<td>Caesar Salad</td>
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<tr>
<td></td>
<td>Roasted Corn Rice</td>
<td>Lemon Herb Baby Baker Potatoes</td>
<td>Roasted Redskin Potatoes with Peppers &amp; Onions</td>
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<td>Beef Enchiladas</td>
<td>Breaded Flounder Fillet</td>
<td>Beer Battered Cod with Tartar Sauce</td>
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<td>Grilled Chicken</td>
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<td></td>
<td>Plant-based Chipotle Sausage over Ranchero</td>
<td>Turmeric Chickpea, Cauliflower &amp; Arugula</td>
<td>Navy Beans with Carrots &amp; Kale</td>
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<td>Caesar Salad</td>
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<td>Cheese Tortellini Pesto</td>
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<td>Tofu with Artichoke, Spinach &amp; Arugula</td>
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<td>Linguine Pasta</td>
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<td>Beef &amp; Pork Meatballs in Marinara</td>
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<td>Chicken Alfredo</td>
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