Seibel Servery

Week of: 3/9/20
Chef Kyle
## Lunch Menu

### Monday
- **Brown Rice Florentine**
- **Eggplant and Chickpea Masala**
- **Roasted Garlic & Tomato Pie**
- **Tilapia Gratinata**
- **Chicken Thighs with Green Chile Pepita Pesto (Halal)**
- **Pork Tamales**

### Tuesday
- **Roasted Red Potatoes & Green Beans**
- **Zucchini Pancakes with Cucumber Tomato Relish**
- **Broccoli Tamales with Plant-Based Cheese Sauce**
- **Philly Cheesesteak Sandwich**
- **Grilled Chicken with Lemon Tarragon Vinaigrette (Halal)**
- **Cactus, Corn and Portobello Taco**

### Wednesday
- **Citrus Basmati Rice with Garden Peas**
- **Balsamic Glazed Grilled Eggplant & Zucchini over Navy Beans**
- **Saag Paneer**
- **Cubano Pork Sandwich**
- **Chicken Vindaloo (Halal)**
- **Warm Naan**

### Thursday
- **Curried Potatoes and Roasted Cauliflower**
- **Chipotle Tomato Tempeh Ragout**
- **Fridos with Black Bean Salsa**
- **Jerk-Seasoned Red Fish with Pineapple Chutney**
- **Chicken, Rosemary and Artichoke Sausage (Halal)**
- **Sweet Potato Taco with Caramel Braised Pork**
- **Swiss Peach and Onion Salad**

### Friday
- **Olive Oil Smashed Potatoes with Arugula**
- **Grilled Cauliflower over Mashed Celery Root**
- **Penne with Plant-Based Italian Sausage & Artichokes**
- **Breaded Flounder with Tartar Sauce**
- **Southwest Chicken Caesar Wrap (Halal)**
- **Ribbon Zucchini Arugula Salad with Lemon**

### Saturday
- **Southwest Rice Pilaf**
- **Black Bean, Corn & Local Tofu**
- **Cheese Enchiladas**
- **Chicken Tomatillo (Halal)**
- **Beef Taco Meat**
- **Grilled Halal Chicken & Vegetable Patties**
- **Pepperoni & Cheese Pizzas**

### Sunday
- **Omelets at the Grill**
- **Chocolate Chip Pancakes**
- **Waffle Station**
- **Herb Oil and Olive Rotini Pasta**
- **Chicken with Cucumber Tomato Relish (Halal)**
- **Spinach, Mushroom & Parmesan Frittata**

---

**= Contains Gluten**  
**= Contains Milk**  
**= Contains Eggs**  
**= Contains Fish**  
**= Contains Shellfish**  
**= Contains Peanuts**  
**= Contains Treenuts**
### Dinner Menu

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>PlantFare Bolognese Stuffed Zucchini</strong></td>
<td><strong>Smoked Paprika Rice</strong></td>
<td><strong>Cremini Artichoke Linguine</strong></td>
</tr>
<tr>
<td><strong>Spinach Tomato Feta</strong></td>
<td><strong>Chipotle Plant-based Sausage over Red Beans</strong></td>
<td><strong>Roasted Cauliflower &amp; Greens Beans</strong></td>
</tr>
<tr>
<td><strong>Chicken Alfredo (Halal)</strong></td>
<td><strong>Blackened Local Tofu with Roasted Corn &amp; Okra</strong></td>
<td><strong>“Parmesan” Crusted Local Tofu over Marinara</strong></td>
</tr>
<tr>
<td><strong>Seafood Cioppino</strong></td>
<td><strong>BEEF &amp; BEAN Burritos</strong></td>
<td><strong>BAKED SWAI with BLISTERED TOMATOES and CAPERS</strong></td>
</tr>
<tr>
<td><strong>Garlic Parmesan Bread</strong></td>
<td><strong>Buffalo Chicken Thighs with Blue Cheese (Halal)</strong></td>
<td><strong>Basil Chicken Balsamico (Halal)</strong></td>
</tr>
<tr>
<td><strong>Creamy Gnocchi Soup</strong></td>
<td><strong>Seafood Sliders with Remoulade</strong></td>
<td><strong>MOZZARELLA STICKS</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
<th>Sunday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Spanish Rice</strong></td>
<td><strong>Vegetable Fried Rice</strong></td>
<td><strong>RED QUINOA, RICE &amp; Chickpeas</strong></td>
<td><strong>Scalloped Potatoes</strong></td>
</tr>
<tr>
<td><strong>Refried Beans</strong></td>
<td><strong>Sesame Sriracha Tofu with Baby Corn &amp; Bok Choy</strong></td>
<td><strong>Tri-color Tortellini Pesto</strong></td>
<td><strong>Pan-seared Chicken (Halal)</strong></td>
</tr>
<tr>
<td><strong>VEGETABLE ENCHILADAS WITH Red Chili &amp; Cotija Cheese</strong></td>
<td><strong>Tomato Curry Rice Noodle with Portobello</strong></td>
<td><strong>Lamb &amp; BEEF Gyro</strong></td>
<td><strong>FLANK STEAK with BALSAMIC MUSHROOMS</strong></td>
</tr>
<tr>
<td><strong>Chicken Fajitas (Halal)</strong></td>
<td><strong>Ginger Scallion Beef &amp; Broccoli</strong></td>
<td><strong>Baked Chicken Pasta (Halal)</strong></td>
<td><strong>CHIPOTLE TOMATO RICE STUFFED PEPPERS</strong></td>
</tr>
<tr>
<td><strong>Carne Asada</strong></td>
<td><strong>Orange Glazed Chicken (Halal)</strong></td>
<td><strong>WAFFLE FRIES</strong></td>
<td><strong>EGGPLANT STACKS with MOZZARELLA</strong></td>
</tr>
<tr>
<td><strong>Tortilla Chips &amp; Chile con Queso</strong></td>
<td><strong>Chilled Coconut Chai Latte</strong></td>
<td><strong>Grilled Halal Chicken &amp; Vegetable Patties</strong></td>
<td></td>
</tr>
<tr>
<td><strong>POZOLE</strong></td>
<td><strong>Brownie &amp; Ice Cream Bar</strong></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

- = Vegan
- = Vegetarian
- = Contains Gluten
- = Contains Soy
- = Contains Milk
- = Contains Eggs
- = Contains Fish
- = Contains Shellfish
- = Contains Peanuts
- = Contains Treenuts