South Servery

Week of: 3/23/2020
Chef Verena
## Lunch Menu

### Monday
- Rice Pilaf
- Blackened Tilapia with Lemon Vinaigrette & Cucumber Relish
- Grilled Chicken
- Lentil & Kale Stew
- Mini Cheese Pizzas
- Caesar Salad
- Mixed Green Garden Salad & Fruit Salad

### Tuesday
- Macaroni & Cheese
- Barbecue Chopped Beef Brisket
- Grilled Chicken
- Black Bean Ragout with Plantains over Rice
- Mini Cheese Pizzas
- Caesar Salad
- Mixed Green Garden Salad & Fruit Salad

### Wednesday
- Mashed Potatoes
- Country Fried Steak
- Grilled Chicken
- Tofu & Eggplant Saute with Rice
- Mini Cheese Pizzas
- Caesar Salad
- Mixed Green Garden Salad & Fruit Salad

### Thursday
- Herb Fettuccine
- Turkey Meatballs in Marinara
- Grilled Chicken
- Potato & Garbanzo Curry with Rice
- Mini Cheese Pizzas
- Caesar Salad
- Mixed Green Garden Salad & Fruit Salad

### Friday
- Vegetable Rice Pilaf
- Cornmeal Breaded Catfish
- Grilled Chicken
- Citrus Red Bean, Potato & Kale
- Mini Cheese Pizzas
- Caesar Salad
- Mixed Green Garden Salad & Fruit Salad

### Saturday
- Green Chile Rice Pilaf
- Pork Carnitas
- Grilled Chicken
- Thai Chili Tofu, Broccoli & Red Peppers
- Mini Cheese Pizzas
- Caesar Salad
- Mixed Green Garden Salad & Fruit Salad

### Sunday
- Couscous Pilaf with Broccoli
- Red Beans & Butternut Squash
- Barbecue Shredded Pork
- Grilled Chicken with Cucumber Tomato Relish
- Spinach, Mushroom Frittata
- Waffle Station
- Caesar, Mixed Garden Greens and Fruit Salad

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* = Vegan
* = Contains Gluten
* = Contains Milk
* = Contains Fish
* = Contains Peanuts
* = Vegetarian
* = Contains Soy
* = Contains Eggs
* = Contains Shellfish
* = Contains Treenuts
<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
<th>Sunday</th>
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</thead>
<tbody>
<tr>
<td>Vegetable Fried Rice</td>
<td>Spaghetti Pasta</td>
<td>Roasted Yukon &amp; Red Potatoes</td>
<td>Roasted Corn Rice</td>
<td>Lemon Herb Baby Baker Potatoes</td>
<td>Roasted Redskin Potatoes with Peppers &amp; Onions</td>
<td>Linguine Pasta</td>
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<tr>
<td>Thai Chili Chicken Wings</td>
<td>Veal Parmesan</td>
<td>Golden Fried Chicken Breast with Creamy Gravy</td>
<td>Beef Enchiladas</td>
<td>Breaded Flounder Fillet</td>
<td>Beer Battered Cod with Tartar Sauce</td>
<td>Beef &amp; Pork Meatballs in Marinara</td>
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<tr>
<td>Grilled Chicken</td>
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<td>Chicken Alfredo</td>
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<tr>
<td>Sesame Ginger Tofu Noodle Bowl</td>
<td>Eggplant Ratatouille with Edamame</td>
<td>Coconut Tomato Curry Tofu</td>
<td>Plant-based Chipotle Sausage over Ranchero</td>
<td>Turmeric Chickpea, Cauliflower &amp; Arugula</td>
<td>Navy Beans with Carrots &amp; Kale</td>
<td>Cheese Maincotti</td>
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<tr>
<td>Caesar Salad</td>
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<td>Caesar Salad</td>
<td>Cheese Tortellini Pesto</td>
<td>Cheese with Artichoke, Spinach &amp; Arugula</td>
</tr>
</tbody>
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