West Servery

Week of: 3/2/2020
Chef Roger
### Lunch Menu

#### Monday
- **Chickpea and Dumplings**
- **Haricots Verts**
- **Fish with Spanish Tomato Sauce**
- **Stuffed Shells with Ricotta**
- **Homemade Red Bean Stew**
- **Bacon Ranch Pizza**
- **Margarita Pizza**

#### Tuesday
- **Mexican Style Chicken Lasagna**
- **Rice and Corn**
- **Pasta Portobello Mushroom Ragout**
- **Shrimp in Coconut Sauce**
- **Black Bean Plantains**
- **Buffalo Chicken Pizza with Blue Cheese**
- **Artichoke Pesto Pizza**

#### Wednesday
- **Philly Steak Sandwich**
- **Seasoned Fries**
- **Whole Grain Tofu with Pearl Couscous**
- **Salmon Gratinata with Hollandaise**
- **Stuffed Bell Pepper with Stewed Tomato**
- **Prosciutto Spinach Pizza**
- **Garlic Parmesan Potato Pizza**

#### Thursday
- **Basmati Rice**
- **Chicken with Coconut Yellow Curry**
- **Citrus Flounder Fish with Mandarin Orange**
- **Herb Potato Croquette with Kale**
- **Sweet Potato in Garlic Chili Sauce**
- **BBQ Chicken Pizza**
- **Black Bean Tostada Pizza**

#### Friday
- **Herb Roasted Potato**
- **Chicken Italiano**
- **Breaded Fish with Tartar Sauce**
- **Spinach Tomato Feta**
- **Rice Tofu and Mango**
- **-**

#### Saturday
- **Spinach Asiago Mushroom Frittata**
- **Beef Barbacoa Taco with Fresh Salsa**
- **Black Bean Rice and Tofu**
- **Cheese Enchiladas**
- **-**

#### Sunday
- **Spinach Asiago Mushroom Frittata**
- **Beef Barbacoa Taco with Fresh Salsa**
- **Black Bean Rice and Tofu**
- **Cheese Enchiladas**
- **-**

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- **= Vegan**
- **= Contains Gluten**
- **= Contains Milk**
- **= Contains Fish**
- **= Contains Peanuts**
- **= Contains Soy**
- **= Contains Eggs**
- **= Contains Shellfish**
- **= Contains Treenuts**
<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
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<tbody>
<tr>
<td>PASTA MARINARA</td>
<td>JASMINE RICE</td>
<td>MASHED POTATOES</td>
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<tr>
<td>TURKEY MEATBALLS WITH LOTS OF SAUCE</td>
<td>GRILLED CHICKEN TERIYAKI</td>
<td>PORK LOIN ROAST WITH HONEY MUSTARD AND CAPERS</td>
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<tr>
<td>FISH CURRY</td>
<td>FLANK STEAK CHIMICHURRI</td>
<td>COD FISH GRATINATA</td>
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<tr>
<td>RICE CHICKPEA MEDLEY</td>
<td>BIG NOODLE BOWL WITH SESAME SOY AND GARLIC</td>
<td>GREEN BEAN RAGOUT</td>
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<tr>
<td>EGGPLANT PARMESAN</td>
<td>TOFU BABY BOK CHOY STIR FRY</td>
<td>GREEK PASTA WITH FETA</td>
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<td>CAULIFLOWER HOISIN</td>
<td>FRESH PITA AND HOUUMOUS</td>
<td>FRESH CINNAMON ROLLS</td>
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<td>SMOKE CHEDDAR TURKEY BURGER</td>
<td>MOZZARELLA WITH SUN-DRIED TOMATO PESTO</td>
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<tr>
<th>Thursday</th>
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<th>Saturday</th>
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<tbody>
<tr>
<td>MAC AND CHEESE</td>
<td>WILD RICE BLEND WITH HERBS</td>
<td>DINNER AVAILABLE AT NORTH AND SEIBEL SERVERIES</td>
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<tr>
<td>BBQ SMOKED BRISKET</td>
<td>CHICKEN FRIED CHICKEN</td>
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<td>BLACKENED CATFISH WITH PICO DE GALLO</td>
<td>ASIAN STYLE SHRIMP STIR FRY</td>
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<td>TEXAS STYLE PINTO BEAN</td>
<td>CHEESE TORTELLINI PESTO</td>
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<td>CAJUN POTATO AND CORN</td>
<td>KALE RED QUINOA AND EGGPLANT RAGOUT</td>
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<td>DILL HAVARTI CUCUMBER SPRING MIX SALAD</td>
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