South Servery

Week of: 4/5/20
Chef Verena
# Lunch Menu

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
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</thead>
<tbody>
<tr>
<td>Pasta Primavera</td>
<td>Steak Fry Potatoes</td>
<td>Vegetable Fried Rice</td>
</tr>
<tr>
<td>Fresh Vegetables</td>
<td>Red Bean &amp; Kale</td>
<td>Plum Sauce Glazed Tofu</td>
</tr>
<tr>
<td>Potato Rice Curry</td>
<td>Cheese Tortellini with Marinara</td>
<td>Fresh Vegetables</td>
</tr>
<tr>
<td>Lemon Caper Fish</td>
<td>Fresh Vegetables</td>
<td>Sweet &amp; Sour Shrimp</td>
</tr>
<tr>
<td>Grilled Chicken</td>
<td>Creamy Pesto Chicken Sandwich</td>
<td>Grilled Chicken</td>
</tr>
<tr>
<td>Garden &amp; Fruit Salads</td>
<td>Grilled Chicken</td>
<td>Garden &amp; Fruit Salads</td>
</tr>
</tbody>
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<table>
<thead>
<tr>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
<th>Sunday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Herb Roasted Potatoes</td>
<td>Macaroni &amp; Cheese</td>
<td>Cilantro Rice</td>
<td>Rosemary Potato Hash</td>
</tr>
<tr>
<td>Chickpea Masala Curry</td>
<td>Cornmeal Crusted Catfish</td>
<td>Black Bean, Corn &amp; Tofu</td>
<td>Three Pepper Tofu</td>
</tr>
<tr>
<td>Fresh Vegetables</td>
<td>Fresh Vegetables</td>
<td>Fresh Vegetables</td>
<td>Green Chile Cheese Echiladas</td>
</tr>
<tr>
<td>Grilled Chicken</td>
<td>Chipotle Black Beans with Rice</td>
<td>Grilled Chicken</td>
<td>Fresh Vegetables</td>
</tr>
<tr>
<td>Polish Sausage with Peppers &amp; Onions</td>
<td>Grilled Chicken</td>
<td>Soy Ginger Glazed Fish with Tropical Fruit Relish</td>
<td>Grilled Chicken</td>
</tr>
<tr>
<td>Garden &amp; Fruit Salads</td>
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</tbody>
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- = Vegan
- = Contains Gluten
- = Contains Soy
- = Contains Milk
- = Contains Eggs
- = Contains Fish
- = Contains Shellfish
- = Contains Milk
- = Contains Peanuts
- = Contains Treenuts
<table>
<thead>
<tr>
<th>Day</th>
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</tr>
</thead>
</table>
| **Monday** | [Garlicky Roasted Yukon Potatoes](https://www.example.com)  
            [Balsamic Roasted Vegetables over Couscous](https://www.example.com)  
            [Fresh Vegetables](https://www.example.com)  
            [Cod with Herb Gratinata](https://www.example.com)  
            [Grilled Chicken](https://www.example.com)  
            [Garden & Fruit Salads](https://www.example.com) |
| **Tuesday** | [Spaghetti Marinara](https://www.example.com)  
              [Green Bean Tofu Ragout](https://www.example.com)  
              [Fresh Vegetables](https://www.example.com)  
              [Grilled Chicken](https://www.example.com)  
              [Veal Parmesan](https://www.example.com)  
              [Garden & Fruit Salads](https://www.example.com) |
| **Wednesday** | [Mashed Potatoes](https://www.example.com)  
              [Red Bean & Rice with Cabbage](https://www.example.com)  
              [Fresh Vegetables](https://www.example.com)  
              [Grilled Chicken](https://www.example.com)  
              [Turkey Meatball in Mushroom Gravy](https://www.example.com)  
              [Garden & Fruit Salads](https://www.example.com) |
| **Thursday** | [Ancho Corn Rice Pilaf](https://www.example.com)  
              [Tilapia with Roasted Corn Salsa](https://www.example.com)  
              [Fresh Vegetables](https://www.example.com)  
              [Grilled Chicken](https://www.example.com)  
              [Mozzarella Vegetable Baked Pasta](https://www.example.com)  
              [Garden & Fruit Salads](https://www.example.com) |
| **Friday** | [Smoked Salmon Pasta with Dill Cream Sauce](https://www.example.com)  
            [Haricots Verts & Mushrooms](https://www.example.com)  
            [Fresh Vegetables](https://www.example.com)  
            [Grilled Chicken](https://www.example.com)  
            [Parmesan Style Tofu with Marinara](https://www.example.com)  
            [Garden & Fruit Salads](https://www.example.com) |
| **Saturday** | [Bowtie Pasta](https://www.example.com)  
              [Potato Masala Lentils](https://www.example.com)  
              [Fresh Vegetables](https://www.example.com)  
              [Beef Stroganoff](https://www.example.com)  
              [Grilled Chicken](https://www.example.com)  
              [Garden & Fruit Salads](https://www.example.com) |
| **Sunday** | [Wild Rice Pilaf](https://www.example.com)  
              [Tuscan Bean Medley](https://www.example.com)  
              [Fresh Vegetables](https://www.example.com)  
              [Roasted Pork Loin with Honey Mustard Caper](https://www.example.com)  
              [Grilled Chicken](https://www.example.com)  
              [Garden & Fruit Salads](https://www.example.com) |

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