<table>
<thead>
<tr>
<th>Day</th>
<th>Menu Options</th>
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<tbody>
<tr>
<td>Monday</td>
<td>Steamed Rice, Haricots Verts &amp; Mushrooms, Coconut Thai Chili Sweet Potato Curry, Creamy Smoked Salmon Pasta, Grilled Chicken, Garden &amp; Fruit Salads, Caesar Salad</td>
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<tr>
<td>Tuesday</td>
<td>Ginger Soy Vegetable Noodle Bowl, Fresh Vegetables, Farro with Red Bean &amp; Kale, Pork Potstickers, Grilled Chicken, Garden &amp; Fruit Salads, Caesar Salad</td>
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<tr>
<td>Wednesday</td>
<td>Vegetable Fried Rice, Fresh Vegetables, Sweet Chili Glazed Tofu Stir-fry, Popcorn Shrimp, Grilled Chicken, Garden &amp; Fruit Salads, Caesar Salad</td>
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<tr>
<td>Thursday</td>
<td>Wild Rice Pilaf, Chickpea Curry, Fresh Vegetables, Grilled Chicken, Creole Sausage &amp; Shrimp, Garden &amp; Fruit Salads, Caesar Salad</td>
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<td>Friday</td>
<td>Herb Roasted Potatoes, Navy Bean Tomato Ragout, Fresh Vegetables, Breaded Flounder, Grilled Chicken, Garden &amp; Fruit Salads, Caesar Salad</td>
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<tr>
<td>Saturday</td>
<td>Roasted Potatoes with Peppers and Onions, Fresh Vegetables, Tofu with Roasted Corn &amp; Black Bean, Grilled Chicken, Barbecue Sliced Brisket, Garden &amp; Fruit Salads, Caesar Salad</td>
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<tr>
<td>Sunday</td>
<td>Sun-dried Tomato Pasta, Fresh Vegetables, Green Bean Tofu Ragout, Grilled Chicken Breast, Roasted Lemon Pepper Fish, Garden &amp; Fruit Salads, Caesar Salad</td>
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- = Contains Milk
- = Contains Eggs
- = Contains Fish
- = Contains Shellfish
- = Contains Peanuts
- = Contains Treenuts
### Dinner Menu

#### Monday
- **Garlic Mashed Potatoes**
- **Fresh Vegetables**
- **Roasted Vegetable Couscous**
- **Pork Roast with Honey Mustard Caper Vinaigrette**
- **Grilled Chicken**
- **Garden & Fruit Salads**
- **Caesar Salad**

#### Tuesday
- **Moroccan Rice Pilaf**
- **Fresh Vegetables**
- **Black Bean & Plantains**
- **Grilled Chicken**
- **Grilled Lamb & Beef Gyro Meat with Cucumber Tomato Relish**
- **Garden & Fruit Salads**
- **Caesar Salad**

#### Wednesday
- **Pasta and Marinara**
- **Fresh Vegetables**
- **Whole Grain Orzo Medley with Red Beans & Edamame**
- **Grilled Chicken**
- **Turkey Meatballs in Marinara**
- **Garden & Fruit Salads**
- **Caesar Salad**

#### Thursday
- **Southwest Corn Rice Pilaf with Tofu**
- **Fresh Vegetables**
- **Ancho Lime Cod**
- **Grilled Chicken**
- **Mozzarella Vegetable Baked Pasta**
- **Garden & Fruit Salads**
- **Caesar Salad**

#### Friday
- **Red Quinoa Pilaf**
- **Pasta with Artichoke & Edamame**
- **Fresh Vegetables**
- **Grilled Chicken**
- **Fish with Lemon Honey Vinaigrette**
- **Garden & Fruit Salads**
- **Caesar Salad**

#### Saturday
- **Steamed Basmati Rice**
- **Saag Tofu**
- **Fresh Vegetables**
- **Grilled Chicken**
- **Red Coconut Curry Beef**
- **Garden & Fruit Salads**
- **Caesar Salad**

#### Sunday
- **Cilantro Rice**
- **Cheese Enchiladas**
- **Fresh Vegetables**
- **Grilled Chicken Breast**
- **Beef Picadillo**
- **Garden & Fruit Salads**
- **Caesar Salad**

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