West Servery

Week of: 6/22/20
Chef Roger
<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
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<tbody>
<tr>
<td><strong>Fiery Rice</strong></td>
<td><strong>Roasted Potatoes</strong></td>
<td><strong>Spanish Rice</strong></td>
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<tr>
<td><strong>Fresh Vegetables</strong></td>
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<td><strong>Fresh Vegetables</strong></td>
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<tr>
<td>Pasta Primavera</td>
<td>Coconut Thai Curry Sweet Potatoes over Rice</td>
<td><strong>Ranchero Beans</strong></td>
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<tr>
<td>Sliced Pork Roast with Ancho Lime Vinaigrette</td>
<td><strong>Italian Sausage &amp; Tomato Ragout</strong></td>
<td><strong>Chicken Enchiladas</strong></td>
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<tr>
<td>Grilled Chicken</td>
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<tr>
<td>Garden &amp; Fruit Salads</td>
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<td>Caesar Salad</td>
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<tr>
<th>Thursday</th>
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<tbody>
<tr>
<td><strong>Red Quinoa Rice Pilaf</strong></td>
<td><strong>Crab Cake with Tartar Sauce</strong></td>
<td><strong>Green Chile Rice Pilaf</strong></td>
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<tr>
<td><strong>Fresh Vegetables</strong></td>
<td><strong>Green Bean &amp; Tomato Ragout</strong></td>
<td><strong>Fresh Vegetables</strong></td>
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<tr>
<td>Potato &amp; Chickpea Tomato Masala</td>
<td><strong>Mango Tofu and Rice</strong></td>
<td><strong>Thai Chili Tofu with Broccoli, Peppers &amp; Onions</strong></td>
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<tr>
<td>Andouille Sausage</td>
<td>Grilled Chicken</td>
<td><strong>Pork Carnitas</strong></td>
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<td>Garden &amp; Fruit Salads</td>
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<tbody>
<tr>
<td><strong>Couscous Pilaf with Broccoli</strong></td>
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<td><strong>Fresh Vegetables</strong></td>
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= Vegan
= Vegetarian
= Contains Gluten
= Contains Soy
= Contains Milk
= Contains Eggs
= Contains Fish
= Contains Shellfish
= Contains Peanuts
= Contains Treenuts
## Dinner Menu

### Monday
- **Garlic Mashed Potatoes**
- **Fresh Vegetables**
- **Chipotle Black Beans with Rice**
- **Cornmeal Crusted Catfish with Tartar Sauce**
- **Grilled Chicken**
- **Garden & Fruit Salads**
- **Caesar Salad**

### Tuesday
- **Sesame Vegetable Noodles**
- **Fresh Vegetables**
- **Tofu Stir-fry**
- **Sweet & Sour Pork**
- **Grilled Chicken**
- **Garden & Fruit Salads**
- **Caesar Salad**

### Wednesday
- **Macaroni & Cheese**
- **Fresh Vegetables**
- **Barbecue Baked Beans**
- **Barbecue Beef Brisket**
- **Grilled Chicken**
- **Garden & Fruit Salads**
- **Caesar Salad**

### Thursday
- **Wild Rice Pilaf**
- **Fresh Vegetables**
- **Whole Grain Orzo & Vegetable Medley**
- **Ginger Miso Cod**
- **Grilled Chicken**
- **Garden & Fruit Salads**
- **Caesar Salad**

### Friday
- **Pasta Pesto**
- **Fresh Vegetables**
- **Vegetable Rice Stuffed Peppers**
- **Tilapia Gratinata**
- **Grilled Chicken**
- **Garden & Fruit Salads**
- **Caesar Salad**

### Saturday
- **Roasted Redskin Potatoes with Peppers & Onions**
- **Fresh Vegetables**
- **Navy Beans with Carrots & Kale**
- **Battered Fish with Tartar Sauce**
- **Grilled Chicken**
- **Garden & Fruit Salads**
- **Caesar Salad**

### Sunday
- **Pasta with Marinara or Alfredo**
- **Fresh Vegetables**
- **Tofu tossed with Artichokes, Mushrooms & Spinach**
- **Italian Beef & Pork Meatballs in Marinara**
- **Grilled Chicken**
- **Garden & Fruit Salads**
- **Caesar Salad**

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