West Servery

Week of: 6/29/20
Chef Roger
### Monday
- **Lemon Garlic Penne Pasta**
- Fresh Vegetables
- Curry Garbanzo & Rice
- Grilled Chicken
- Shrimp Alfredo
- Caesar Salad
- Garden Salad & Fruit Salad

### Tuesday
- **Fiesta Corn Rice**
- Fresh Vegetables
- Black Bean Ragout with Plantains
- Grilled Chicken
- Cheddar Beef Wrap
- Caesar Salad
- Garden Salad & Fruit Salad

### Wednesday
- **Vegetable Fried Rice**
- Fresh Vegetables
- Spicy Tofu & Cabbage Stir-fry
- Grilled Chicken
- Teriyaki Cod Loin
- Caesar Salad
- Garden Salad & Fruit Salad

### Thursday
- **Orzo Vegetable Medley**
- Fresh Vegetables
- Curried Lentils with Kale
- Grilled Chicken
- Chicken Potstickers with Plum Sauce
- Caesar Salad
- Garden Salad & Fruit Salad

### Friday
- **Herb Roasted Potatoes**
- Fresh Vegetables
- Cheese Tortellini Pesto
- Grilled Chicken
- Tilapia with Roasted Corn Salsa
- Caesar Salad
- Garden Salad & Fruit Salad

### Saturday
- **Wild Rice Pilaf**
- Fresh Vegetables
- Navy Beans with Carrots & Kale
- Grilled Chicken
- Swedish Style Turkey Meatballs
- Caesar Salad
- Garden Salad & Fruit Salad

### Sunday
- **Smoked Salmon Pasta**
- Haricots Verts
- Vegetable Frittata
- Grilled Chicken
- Caesar Salad
- Garden Salad & Fruit Salad

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- **= Vegan**
- **= Vegetarian**
- **= Contains Gluten**
- **= Contains Soy**
- **= Contains Milk**
- **= Contains Eggs**
- **= Contains Fish**
- **= Contains Shellfish**
- **= Contains Peanuts**
- **= Contains Treenuts**
<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
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<tbody>
<tr>
<td>Scalloped Potatoes</td>
<td>Sesame-soy Ginger Noodle Bowl</td>
<td>Macaroni &amp; Cheese</td>
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<tr>
<td>Fresh Vegetables</td>
<td>Fresh Vegetables</td>
<td>Fresh Vegetables</td>
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<tr>
<td>Couscous Pilaf with Roasted Vegetables</td>
<td>Coconut Thai Chili Sweet Potatoes</td>
<td>Barbecue Baked Beans</td>
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<td>Grilled Chicken</td>
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<td>Breaded Fish with Tartar Sauce</td>
<td>Caesar Salad</td>
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<td>Caesar Salad</td>
<td>Garden Salad &amp; Fruit Salad</td>
<td>Garden Salad &amp; Fruit Salad</td>
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<tr>
<th>Thursday</th>
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<th>Sunday</th>
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<tbody>
<tr>
<td>Steamed White Rice</td>
<td>Red Quinoa Vegetable Pilaf</td>
<td>Rice &amp; Bean with Tofu</td>
<td>Roasted Garlic Yukon Potatoes</td>
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<tr>
<td>Fresh Vegetables</td>
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<tr>
<td>Red Bean, Corn &amp; Potato Ragout</td>
<td>Baked Pasta with Mozzarella</td>
<td>Green Bean Ragout</td>
<td>Ricotta Cheese Manicotti with Marinara</td>
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<td>Grilled Chicken</td>
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<tr>
<td>Shrimp &amp; Sausage Creole</td>
<td>Flounder with Mandarin Orange Salad</td>
<td>Southwest Beef Lasagna</td>
<td>Smoked Sausage with Peppers &amp; Onions</td>
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<td>Caesar Salad</td>
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Dinner Menu