Seibel Servery

Week of: 12/9/2019
Chef Kyle
## Lunch Menu

### Monday
- Farfalle Pasta with Sun-dried Tomatoes & Olives
- Ratatouille & Navy Beans
- Broccoli Cheddar Frittata
- Pesto Chicken (Halal)
- Roasted Garlic Swai with Capers & Green Beans
- Kale Caesar Salad

### Tuesday
- Chipotle Chicken Hoagie (Halal)
- Red Beans & Rice
- Veracruz Tilapia
- Roasted Brussels Sprouts, Cauliflower, Portobello
- Spinach, Red Pepper & Parmesan Turnovers
- Firecracker Shrimp Taco
- Cream of Broccoli Soup

### Wednesday
- Chickpea Rice
- Masala Lentil & Potato Stew
- Sun-dried Tomato Goat Cheese Pie
- Curry Chicken with Apples (Halal)
- Italian Meatball Sandwich
- Chicken Noodle Soup (Halal)
- Crepe Station

### Thursday
- Roasted Yukon Potatoes, Parsnips & Turnips
- Navy Beans with Carrots and Kale
- Sautéed Snap Peas, Mushrooms & Red Peppers
- Honey Mustard Tarragon Chicken (Halal)
- Philly Cheese Steak Sandwich
- Mixed Green Salad with Pear, Pecan & Blue Cheese
- Squash & Pepper Jack Pupusa

### Friday
- Herb Roasted Red Potatoes
- Buffalo Tofu
- Spinach Tomato Feta
- Rosemary Chicken & Brussels Sprouts (Halal)
- Seafood Cakes with Hollandaise
- Tomato Bisque
- Arugula Salad with Roasted Corn, Zucchini & Cotija

### Saturday
- Southwest Rice Pilaf
- Beef Tacos
- Shredded Chicken Tomatillo (Halal)
- Black Bean, Corn & Local Tofu
- Cheese Enchiladas
- Mini Pizzas
- Chicken, Vegetable Patties and Fries at the Grill

### Sunday
- Brunch Service
- Omelets at the Grill
- Mushroom Swiss Frittata
- Ropa Vieja Beef
- Lemon Caper Chicken with Potatoes
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### Allergies
- = Vegan
- = Contains Gluten
- = Contains Milk
- = Contains Fish
- = Contains Peanuts
- = Contains Soy
- = Contains Eggs
- = Contains Shellfish
- = Contains Treenuts
### Dinner Menu

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
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<tbody>
<tr>
<td>Steamed Brown Rice with Tomatoes &amp; Kale</td>
<td>Spaghetti Pasta</td>
<td>Jasmine Rice</td>
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<tr>
<td>Ranch Beans with Plant-based Sausage</td>
<td>Margherita Chicken (Halal)</td>
<td>Pineapple Ginger Braised Pork</td>
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<tr>
<td>Haricots Verts, Mushrooms &amp; Red Peppers</td>
<td>Beef Bolognese</td>
<td>Garlic Chicken with Broccoli (Halal)</td>
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<tr>
<td>Barbecue Catfish with Pico</td>
<td>Cheese Manicotti with Pesto Cream Sauce</td>
<td>Stir-fried Sesame Rice Noodles</td>
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<tr>
<td>Chicken Sausage Patties with Brie</td>
<td>Tuscan Bean Medley</td>
<td>Hoisin Cauliflower</td>
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<td>Assorted Flatbreads</td>
<td>Potato Leek Soup</td>
<td>Hot &amp; Sour Soup</td>
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<td></td>
<td>Tiramisu</td>
<td>Vegetable Pot Stickers</td>
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<table>
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<tr>
<th>Thursday</th>
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<tbody>
<tr>
<td>Steak Fry Potato Wedges</td>
<td>Cilantro Lime Rice</td>
<td>Red Quinoa, Rice &amp; Chickpeas</td>
<td>Whole Grain Orzo Pasta Primavera</td>
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<tr>
<td>Local Tofu, Black Beans &amp; Nopales</td>
<td>Plant-based Picadillo</td>
<td>Baked Chicken Pasta (Halal)</td>
<td>Carved Pork Loin Roast</td>
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<tr>
<td>Macaroni &amp; Cheese</td>
<td>Black Beans &amp; Plantains</td>
<td>Lamb &amp; Beef Gyro</td>
<td>Chicken Gratinata with Smoked Gouda Sauce (Halal)</td>
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<td>Chicken Fried Chicken (Halal)</td>
<td>Chicken Fajitas (Halal)</td>
<td>Tortellini Pesto</td>
<td>Roasted Green Beans &amp; Curry Cauliflower over Quinoa</td>
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<tr>
<td>Grilled Strip Steaks Grilled Onions &amp; Roasted Tomatoes</td>
<td>Beef Guisada</td>
<td>Butterfly Shrimp</td>
<td>Grilled Local Tofu with Spinach &amp; Feta</td>
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<td>Donuts &amp; Ice Cream</td>
<td>Spicy Corn Chowder</td>
<td>Waffle Fries</td>
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<td>Tres Leches</td>
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<td>Grilled Chicken &amp; Vegetable Burgers at the Grill</td>
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